

❖ SCENE: Marisa and the magnolia B1



MAD RIVER UNION

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\$1

❖ HUMBOLDT

Supes get a pay raise

They'll make \$87K a year by 2017

Daniel Mintz
MAD RIVER UNION

HUMBOLDT — The Humboldt County Board of Supervisors has agreed to raise its members' wages in line with the raises employees are getting, bringing the annual pay for a Humboldt County supervisor up to \$84,000 effective April 3.

Under the phased supervisor pay raise plan, a county supervisor will earn \$87,400 effective January 1, 2017.

Wage increases for employees and supervisors were considered at the board's Jan. 19 meeting. A wage increase package for county employees, managers and elected officials was approved on the meeting's consent agenda.

It increases yearly wages by three percent in April, another two percent in July and another two percent in January.

There is an offset, however, as employees will also pay three percent more on their contributions to retirement system payouts.

A draft ordinance transferring the employee pay changes to supervisors gained unanimous board support. Supervisors noted that raises have not been a regular occurrence.

"It always comes up, 'Why the hell can you guys give yourselves a raise' — but I've never had anybody thank me for not taking raises in the past, so it goes both ways," said Supervisor Rex Bohn.

Board Chair Mark Lovelace said Humboldt County's supervisors

SUPERVISORS ❖ A8

Woman of the House

Lauraine Leblanc
MAD RIVER UNION

ARCATA — Heads up, Arcata, Darlene Spoor is in the house. Arcata House Partnership (AHP), that is, where retiring Executive Director Karen "Fox" Olson handed over her keys to Spoor in mid-January.

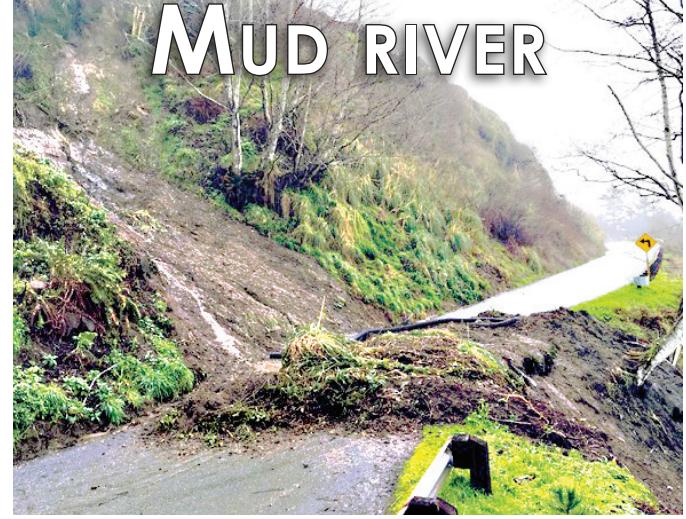
If Spoor's name doesn't ring any bells, it's hardly surprising, as she moved to Arcata with her family a scant 15 months ago. The family chose Humboldt for its climate; Boston was too cold, Tucson and San Diego too hot, but Arcata was just right. The eldest daughter had already chosen to attend Humboldt State

HOUSE ❖ A3



Darlene Spoor

SCENIC SLIDE Powered by rain and gravity, another chunk of the Westhaven bluff migrated downhill to the sea early Saturday morning, Jan. 23, blocking Scenic Drive about a mile north of the U.S. Highway 101 exit at Moonstone Beach. The slide flowed over Scenic Drive shortly after midnight, dumping tons of earth on the roadway and all the way down the slope below the road to the beach. No word on plans to clear the debris, although the uphill portion of the rain-saturated bluff looks like more mud may want to make the trip. The slide is a couple hundred yards south of the Camel Rock/Houda Beach parking area, which is still accessible from the Trinidad end of Scenic Drive. PHOTO BY TED PEASE



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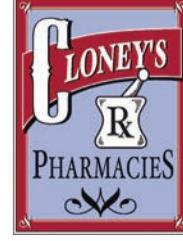
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❖ POST POT PROHIBITION

Ballot measure is far-reaching**Paul Mann**

MAD RIVER UNION

CALIFORNIA – If California voters adopt a ballot initiative named the Adult Use of Marijuana Act (AUMA) this fall, they will be subjecting themselves and growers to new taxes, more bureaucracy and 19 licensing categories, in return for the freedom to cultivate and consume small amounts of marijuana if they are 21 or older.

It would become lawful under both state and local law for California adults to possess, process, transport, obtain or give away to other adults up to one ounce (28.5 grams) of marijuana. An individual would be authorized to cultivate up to six plants for personal use.

Illegal possession of an ounce by people 18 to 21 would remain a \$100 infraction; an adult caught with more than an ounce would still be a misdemeanor, with penalties of a \$500 fine or six months in jail or some combination.

Under the proposed ballot language, all retail sales would be subject to a 15 percent excise tax in addition to the existing state sales tax, commencing Jan. 1, 2018. Medical patients with state identification cards would be exempt.

All marijuana would be subject to cultivation taxes of \$9.25 per-ounce-of-dry-weight for buds, \$2.75 for leaves. Levies would be due when the plant is harvested. Enforcement inspections could be carried out any place where marijuana is sold, cultivated or stored, to ensure the levies are collected.

However, those are only the baseline tax liabilities. Municipalities and counties would have a free hand to impose further duties across-the-board on cultivation facilities, manufacturing, processing, sales, distribution, storage and even on donations. This appears likely to result in a confusing mélange of unsynchronized tax frameworks that distort the recreational market – California has 58 counties and some 500 incorporated municipalities. The competition to maximize pot tax revenue would be fierce.

The AUMA's proposed tax system has already drawn fire, as the advent of new taxes inevitably does. But the reason is especially obvious given that legalization is in its infancy, notes Beau Kilmer, co-director of the RAND Drug Policy Research Center. "No one knows the best way to tax marijuana, and none of the options is perfect. Colorado and Washington are taxing marijuana as a function of its value, while Alaska and Oregon plan to tax marijuana as a function of its weight."

There are other approaches as well, he writes, but "there is no reason to believe that the chosen tax structure in the early years will be optimal as the market matures. Smart jurisdictions will leave their options open with respect to taxation." The tax regime will have to evolve, in other words.

Multiple agencies would be in charge of administering the AUMA, led by a unit in the

Department of Consumer Affairs called the Bureau of Marijuana Control, which would replace the existing Bureau of Medical Marijuana Regulation. The renamed bureau would manage the licensing of transport, distribution and sale.

Cultivation would be licensed by the Department of Food and Agriculture, while manufacturing and testing would be handled by the Department of Public Health. Growers would have to comply with rules to be fashioned by the Department of Fish and Wildlife and the State Water Resources Control Board. Likewise, the Department of Pesticide Regulation would be responsible for policing what has become an enormous problem with illegal grows.

The 19 licensing frameworks take in everything from "seed to sale," i.e., cultivation, manufacturing, testing, retailing and distributing. Licenses for adult use facilities would be distinct from those for medical ones. There would be five cultivation licenses and six commercial ones. Longer-term, the AUMA licensing regime envisions a new "Type 5" large cultivation permit for farm operations above one-half acre indoors or one acre outdoors. But the Type 5 would not become available until Jan. 1, 2023.

The ballot initiative also provides for another new category, a Type 12 microbusiness license, which would be granted to "small" retailers whose farms do not exceed an area of 10,000 square feet.

Strategically, the licensing system is supposed to guard against big business taking over the industry, as prescribed by a state blue ribbon panel that midwifed the AUMA. Functionally, the denial of licenses would be employed to combat monopoly power and stem the black market.

"Excessive concentration" would be headed off not only at the state level but also in the cities and counties.

Former District Attorney Paul Gallegos is skeptical the AUMA will prevent the industry's takeover by mega-corporations, despite the faith of legalization's advocates in the regenerative power of law.

The problem of economies of scale, as it relates to the takeover of the marijuana industry by big business, says Gallegos, remains a concern of many in California and in Humboldt County. "Legislation, like all human activity, is not perfect. The intention behind the proposition is to prevent or inhibit the takeover of the marijuana industry and to attempt to limit or hinder that."

But, he adds, great wealth commands intellectual resources as well as financial ones and "large companies will be able to marshal intellectual talent that will likely find means to circumvent" the AUMA. Consequently, in the long term mega-business will start to take over the industry, he predicts.

Note to readers: The AUMA's full 62-page text is readily available online at multiple websites, including the Office of Attorney General at oag.ca.gov.

Pot | Tax rates could fuel black market cannabis sales

❖ FROM A1

Marijuana Act," more commonly the Adult Use of Marijuana Act (AUMA).

Backed by social media magnate Sean Parker and the influential Marijuana Policy Project, the measure covers 62 pages and a thong of provisions that would, by some lights, treat recreational marijuana in much the same fashion as existing law regulates alcohol consumption.

Among the main issues are:

- The tax regime;
- The likely impact on the embedded black market, and

- Anticipated environmental relief.

Advocates claim the AUMA would safeguard children, workers, small businesses and local governments with explicit protective language.

Critics argue the initiative will fail to prevent a monopoly from taking over, fall well short of blunting the black market and result in bankrupting the small-scale cottage growers cherished in Humboldt County, despite the cartel presence here.

On the tax front, subject to last minute changes, the AUMA would authorize a 15 percent state excise levy, cumulative with the state's 7.5 percent sales tax; a cultivation duty of \$9.25 per-dry-weight-ounce on marijuana buds, and a counterpart charge on leaves of \$2.75 per-dry-weight-ounce.

Such specific figures appear to counter the representations made in 2015 by the Steering Committee of the Blue Ribbon Commission on Marijuana Policy, led by Lieutenant Governor Gavin Newsom (Union April 10, 2015), which culminated in the AUMA.

"A tax that is too high may maintain or boost the illicit market, posing a danger to public safety and increasing illegal grows that have a negative environmental impact," the commission advised. "A tax that

is too low could contribute to a low price that could lead to increased use. Given this significant crossover and the likely possibility of unintended consequences, we believe it is imperative that drafters build as much flexibility as possible into a legalization initiative."

Leafly, billed as the world's largest cannabis website, contends in its online analyses that AUMA's main flaw is "the high level of taxes it levies on the regulated adult use industry which, while lower than Washington State's infamous levels, still threaten to undermine reform by opening a wide price gap between taxpaying providers and the illicit market they're supposed to compete out of business."

Neither illicit dealers nor the state's medical program will have to pay what Leafly calls "hefty tax bills, so this tax scheme runs the risk of creating perverse incentive structures like those which led to [the] debacle in Washington State, where the state's tax-exempt medical collective gardens have been under attack by a state bureaucracy hungry for its 25 percent excise taxes promised from the adult use market. With tens of millions of dollars at stake, the state had strong incentives to target its tax-free competition, and unfortunately a similar situation could develop in California."

There is a silver lining, though, the advocacy website points out. "Fortunately, [the] AUMA directs state boards to review tax rates from time to time, and to consider competition with illicit markets as one of its prime factors. So if tax rates have been set too high (as they probably are), there is a straightforward way to fix the problem."

The rationale and the effectiveness of the proposed \$9.25/\$2.75 rates will be argued intensively in the months ahead for their impacts on Humboldt's existing mari-

juana economy and the drug's illicit market here and statewide.

For comparison, Humboldt County Undersheriff William Honsal says the black market price of marijuana locally is about \$50 to \$65 per ounce, or \$800 to \$1,000 a pound. "That is regular marijuana," he adds. "Hybrid or boutique marijuana is usually two times as much."

Assessing the future of the black market, Humboldt County District Attorney Maggie Fleming is pessimistic, absent federal relaxation. "Legalization in California will not end illegal cultivation and transport. Until national legalization, marijuana will continue to command high prices in other states."

What is more, Fleming points out, "Given the lack of access to the banking system, the marijuana economy continues to be cash-based."

On both scores, the proposed ballot measure suffers from obvious flaws, in her view. "The proposed Adult Use of Marijuana Act cannot address national legalization and does not address the banking issue."

"Unfortunately," Fleming adds, "it seems that progress on marijuana-related violent crime is likely to be slow."

Yet, equally true, she notes, "The status quo for marijuana cultivation is not good, because it is causing environmental damage and increasing violent crime."

"Guestimates" of the industry's market value in Humboldt County differ wildly, owing to the unknowns about the black market and its cash system, from \$415 million to \$4 billion annually. Few if any such figures are considered more than approximations and none are definitive.

Fleming welcomes what she considers the good environmental features of the AUMA. The appropriate state agencies (California Department of Fish and Wild-

Seesaw legalization battle looms**Paul Mann**

MAD RIVER UNION

CALIFORNIA – Members of California's elite ranks, including Silicon Valley titan Sean Parker, Lieutenant Governor Gavin Newsom and the industry's trade association, have endorsed the proposed Adult Use of Marijuana Act (AUMA), but numerous detractors oppose adoption, including legalization's proponents as well as prohibitionists.

According to the National Conference of State Legislatures, 20 states and the District of Columbia have decriminalized small amounts of marijuana. This "train-leaving-the-station" effect is thought likely to lead California to follow suit, despite the fact voters rejected it as recently as 2010. According to one poll, 55 percent of Californians support legalization in general, versus the 53.5 percent who voted against a little more than five years ago.

Among those this year campaigning specifically for the AUMA is a Sacramento-based trade group, the California Cannabis Industry Association. The group's online boilerplate boasts that the AUMA is the best-funded of a bevy of competing measures and that it can "usher in a new economic era."

The association claims that California's legal medical cannabis market is the nation's largest in dollar terms, worth \$1.3 billion in annual sales. Legalizing recreational use "will allow California to take its rightful place as the center of investment and innovation in the cannabis economy," the association forecasts.

Parker's role has triggered grassroots resentment of Silicon Valley in general and of Parker himself as a cannabis "carpetbagger." But there are also advocacy groups which, unlike the trade association, are far less enthusiastic about the AUMA initiative.

ReformCA.org, led by Mickey Martin, co-author of the handbook, *Medical Marijuana 101*, speaks in part as a standard-bearer for small growers, like those in Humboldt, who are fearful legalization will crush them as it empowers the new recreational industry – an outcome ex-Humboldt County District Attorney Paul Gallegos says is a decided possibility, perhaps an inevitable one.

Martin believes, in his words, "One of the biggest fears of those in the cannabis community is that they are going to be left out of the new industry because they will not be able to compete with big money interests. They worry that the new law will create a system that is too burdensome for them to be a part of due to heavy licensing fees and cumbersome regulation.

There are also those pressing to make an exception of sorts for already established cannabis businesses to ensure some protection from larger interests. The only answer is a truly level playing field for all."

Martin has publicly declined to join any official campaign for legalization, whether for the AUMA or an alternative. But he warns his allies that "opposition from within the cannabis movement is also a major force to be reckoned with" as 2016 unfolds.

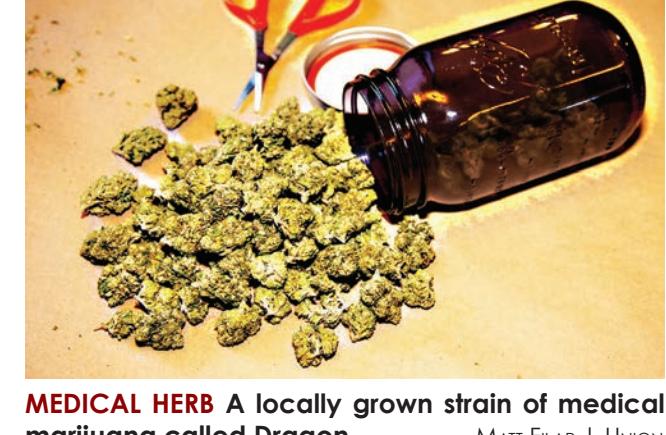
Debate churns on health effects**Paul Mann**

MAD RIVER UNION

CALIFORNIA – California's frontline legalization initiative mandates more medical research of marijuana's damage to health, amid sharp criticism that the federal government is the major obstacle to untrammeled cannabis science.

The National Institute on Drug Abuse warns that marijuana consumption heightens respiratory disorders, impairs judgment and causes memory loss. It also compounds the risk of attempted suicides, which are a major problem in Humboldt County.

Contrary to popular belief, the institute contends, "Marijuana can be addictive and its use



MEDICAL HERB A locally grown strain of medical marijuana called Dragon.

MATT FILAR | UNION

during adolescence may make other forms of drug abuse or addiction more likely."

At least some non-governmental experts agree with the federal institute.

Beau Kilmer, co-director of the RAND Drug Policy Research Center, writes, "Marijuana is not a harmless substance, and

HEALTH ❖ A5

life, State Water Resources Control Board) would have key roles in licensing and compliance monitoring of cultivators that would include consideration of erosion issues and cumulative effects on stream flows, she stated.

Second, the initiative would create avenues to fund licensing and monitoring efforts by those agencies through taxes and fees, ideally enabling them to conduct, in Fleming's words, "well-informed, site-specific evaluations for licensing and extensive monitoring of both legal and [her emphasis] illegal grows, and investigations that would facilitate successful prosecution of those who violate environmental regulations."

Like Leafly, legalization proponent California NORML is not entirely enthusiastic about the AUMA and it predicts litigation right out of the box if the measure passes (Prop. 19 fell in the 2010 the midterm elections with 53.5 percent of voters against). The courts will have to fix legal glitches and inconsistencies that stem from what Cal NORML calls the initiative's "extraordinary length and complexity."

In particular, conflicting provisions on marijuana concentrates allow possession of up to eight grams in one section but no more than four in another. Such anomalies should be expected with eventual revisions to correct them, former Humboldt County District Attorney Paul Gallegos said in a telephone interview.

"When people look for an end-all fix, they will be disappointed," he commented, adding, "there will need to be adjustments" of the kind the Newsom panel underscored in its analysis.

Under the AUMA, the Legislative Analyst's Office would file a report by Jan. 1 2020, with recommendations to lawmakers to adjust tax rates as needed "to achieve the goals of undercutting illicit market prices and discouraging use by persons younger than 21 years of age."

PUBLIC SAFETY

Have you seen this fellow?

HUMBOLDT COUNTY
SHERIFF'S OFFICE

BLUE LAKE — On Saturday, Jan. 16 at approximately 4:40 p.m., a deputy from the Humboldt County Sheriff's Office was conducting a vehicle investigation on a vehicle located in the Blue Lake Casino parking lot.

The deputy contacted the driver of the vehicle, who gave the deputy a false name. The deputy determined the driver was 27-year-old Donavan Baltzley of Eureka.

Baltzley has multiple felony warrants out for his arrest and is currently on probation. When the deputy attempted to arrest him, Baltzley broke free from the deputy and fled on foot. The deputy searched the area but was unable to locate Baltzley.

A search of Baltzley's vehicle produced drug paraphernalia and ammunition. No firearm was located in the vehicle and it is believed that Baltzley is possibly in possession of a firearm. An officer safety Be-On-The-Lookout (BOLO) was issued.

Anyone with information for the Sheriff's Office regarding this case or related criminal activity is encouraged to call the Sheriff's Office at (707) 445-7251 or the Sheriff's Office Crime Tip line at (707) 268-2539.



Donavan Baltzley

Slouchabout slumgullions, knife flingers & weed dumpers

• **Thursday, January 7 12:34 p.m.** A woman who dropped her credit card at a Valley West supermarket next saw that someone had picked it up and gone on a shopping spree at multiple Arcata locations.

3:02 p.m. When cannabis was taken away from a client at a transitional home, where such things are no-nobilitated, there was trouble.

3:32 p.m. Another child custody exchange went awry, with the mom threatening to have her "big black boyfriend" come and beat up the dad.

• **Friday, January 8 6:56 a.m.** Valley West's Red Roof Inn was robbed of \$500 and guest deposits by a person in all black with a scarf over his face and sunglasses.

9:45 a.m. Someone called police from the transit center to yammer on about people with weapons who are "freeloading" and "getting high."

2:29 p.m. A woman driving by her boyfriend's Foster Avenue house saw a window smashed and the door wide open. On going inside, she and a friend found that everything had been rummaged through.

4:26 p.m. A Ross Street residence's window was smashed with a brick.

5:45 p.m. Someone was bitten by a spider on 16th Street and went into shock.

7:14 p.m. A Beverly Way resident saw people in a maroon van dumping "weed" trimmings in the street out front of his house. When he blocked the vehicle from leaving, one dumper scampered but the other stayed and was arrested on a narcotics charge.

• **Saturday, January 9 2:41 p.m.** A motorist found a sweet, unoccupied parking space in the crowded downtown area — right in front of the row of mailboxes in the 600 block of H Street. Cited.

• **Sunday, January 10 9:05 a.m.** Someone set up a tent at the "Breakfast Club" site at the marsh. This brought a citation, and not

for meritorious achievement.

1:36 p.m. A yelling, shirtless man in dark pants, with a long beard and deadlocks exposed himself to children at Vinum Park, frightening them. He was gone when police arrived.

2:13 p.m. A large tarp at the treeline of Carlson Park featured at least two inhabitants and the usual morass of trash.

3:48 p.m. A woman walking in upper Redwood Park/lower Community Forest encountered men with a target affixed to a tree right next to the trail — the perfect spot to practice flinging knives.

She asked them if they thought this was such a good idea, but they returned the inquiry with hostility. At this point, the lone woman realized she was starting to argue with rough men with knives in the woods, and took her leave. When police arrived, the blade flingers were gone.

8:03 p.m. A worried wife reported her husband locked into Room 314 at a Plaza hotel, talking to inanimate objects. She wanted police to check in on him.

11:56 p.m. A man who had stolen two flasks o' booze from a Uniontown supermarket apparently changed his mind and brought them back.

• **Monday, January 11 1:28 a.m.** A man in Myrtle Court chose this hour to make a loud "mooing" noise for an hour or so. This annoyed a neighbor, who wanted the bogus bovine bivioator silenced.

2:06 p.m. A J Street resident forgot to close his garage door, and the next morning there was \$2,000 less stuff inside.

2:27 p.m. A driver parked on the street in front of what looked like a garden, but was a "developed driveway" surrounded by a fence with a gate. The ticketed person wondered why such a place would be subject to parking regulations, since no vehicular access had been blocked.

6:15 p.m. After an insult directed at a former

U.S. Army Ranger in front of a drama-drenched downtown donut shop, the affronted vet was said to be headed home to get his "cannon."

• **Tuesday, January 12 11:29 a.m.** Police received a report of a van parked on the Plaza with a table and chairs set out, offering "pregnancy care."

12:19 p.m. Reports from Courtyard Circle described a man with a camera chasing another man, and the possible kidnapping of a 1-year-old from a residence.

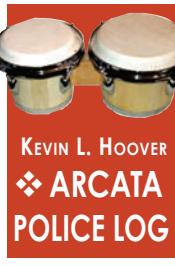
12:36 p.m. Sure, let your Great Dane run wild at the Marsh & Wildlife Sanctuary — it has the Cute Dog Exemption. The migratory waterfowl won't mind.

2:16 p.m. Slouchabout slumgullions stacked up outside an H Street business amid a miasma of cig smoke and dogs, and had to be dislodged.

• **Wednesday, January 13 1:33 a.m.** A customer at a Fourth Street market said that he had placed \$200 in cash next to his wallet, which the clerk snatched up, put in the cash register and refused to give back, stating that "all sales are final."

6:17 a.m. A woman said someone has been coming into her home, doing "things" to her food and her cat's food, and it is making her breath smell "strange."

9:26 a.m. Someone left a backpack inside a locked vehicle on 11th Street, the car's window allowing access by photons forged in the fires of the sun. Some of the photons in question reflected off the pack and left the vehicle, only to impact on the retina of a passing opportunist. Ensuing optic nerve transmissions delivered signals to the person's brainpan, which processed the imagery and identified an item of potential value. The central processing unit then sent a series of commands to the amoral cretin's musculoskeletal apparatus, overriding any negligible morality-based inhibitions. Long story short, the owner came out after 20 minutes to find a smashed window and a backpack stolen. Stupid photons.



Legalization proposition includes environmental buffers

Paul Mann
MAD RIVER UNION

CALIFORNIA — The pending Adult Use of Marijuana Act (AUMA) calls for funding derived from cannabis tax revenues to finance and enforce new environmental regulations, which would be promulgated over many months, assuming the measure passes in November.

If the act gains voter approval, 20 percent of retail sales and the wholesale levy would be earmarked for environmental protection and restoration.

The initiative's language pledges to "crack down on the illegal use of water and punish bad actors while providing funds to restore lands that have been damaged by illegal marijuana grows."

The \$26.5 million worth of marijuana seized in the June 25, 2015 Island Mountain raid at the

conjunction of Humboldt, Trinity and Mendocino Counties uncovered a 100,000 gallon water bladder and some 40 greenhouse-like structures.

Under the AUMA, such violations would result in revoking business licenses created by the act, aimed at sidelining illegal operations.

An existing multiagency task force, including the state's Department of Fish and Wildlife and the State Water Resources Control Board, would expand its enforcement actions to curb the immense damage of large-scale marijuana cultivation on water consumption and quality and on fish and wildlife.

A general permit would regulate the waste discharges that emanate from medical and commercial marijuana cultivation. The act specifies a comprehensive list of

what the authorities should deal with, including but not limited to:

- Site development and maintenance, erosion control, and drainage;
- Stream crossing installations and maintenance;
- Riparian and wetland protection and management;
- Soil disposal, water storage/use and irrigation runoff;
- Fertilizers, pesticides and herbicides;
- Petroleum products and other unspecified chemicals;
- Cultivation-related waste, refuse and human waste, and
- Cleanup, restoration, and mitigation.

The overall budgetary effects of the AUMA and the actual costs to taxpayers of environmental protection and cleanup are subject to many variables, as outlined in December by the Legislative Ana-

lyst Office in a report to the state attorney general. The contingencies include the extent to which Humboldt and other local governments choose to regulate and tax commercial production on top of state requirements. They have full authority to do so.

Other unknowns include recreational consumption rates and, the office points out, "the extent to which the U.S. Department of Justice exercises its discretion to enforce federal prohibitions on marijuana activities otherwise permitted by this measure. That will be up for a decision Jan. 20, 2017, when a new president enters the Oval Office."

Whatever the total millions that California ultimately invests in rehabilitation, the White House National Office of Drug Control Policy is on record that, in its words, recovering "the land dam-

aged by illicit marijuana grows is prohibitive, creating an additional burden to the public and tribal land agency budgets." The judgment that the costs are prohibitive is based on internal estimates the White House garnered from the National Park Service: full cleanup and restoration runs from almost \$15,000 to \$17,700 per acre.

These expenses are based on the total costs comprising removal and disposal of hazardous waste (pesticides, fuels, fertilizers, batteries) and removal of camp facilities, irrigation hoses and garbage.

Full land restoration would include recontouring plant terraces, large tent pads, cisterns and wells and revegetating mammoth clear-cut landscapes.

If the White House is correct, full reclamation of land destroyed by criminal grows is a distant reality, perhaps an unachievable one.

Health | What does all that puffing do to you?

FROM A4

its consumption is correlated with adverse outcomes (e.g., high school drop-out, mental health disorders); however, it is often hard to prove that marijuana use causes those outcomes.

"There is, on the other hand," he emphasizes, "clear causal evidence linking marijuana use to accidents, cognitive impairment during intoxication and anxiety and panic attacks that sometimes lead to emergency-room visits. Persistent heavy users run the risk of becoming dependent and also suffering from bronchitis. There is also strong evidence linking heavy marijuana use with psychotic symptoms, cardiovascular disease and testicular cancer."

Kilmer is part of what appears to be a growing, nationwide concern that much remains to be learned about cannabis. "We know very little about the health consequences — both harms and benefits — of the new marijuana products that are proliferating in places that have legalized them," he says.

By some lights, that includes lack of information about regular medical marijuana use.

As a treatment, it is a relatively new phenomenon, the National Institute on Drug Abuse cautions. "For that reason, its effects on people who are weakened because of

age or illness are still relatively unknown. Older people and those suffering from diseases such as cancer or AIDS could be more vulnerable to the drug's harmful effects. Scientists need to conduct more research to determine if this is the case."

If approved by voters this fall, the proposed Adult Use of Marijuana Act (AUMA) would require safeguards for minors (strong warning labels, for example, and tough restrictions

on advertising and marketing) and allocate \$2 million each year to the California Center for Medicinal Cannabis

Research to conduct more studies of the safety and rebarbative effects of medical marijuana.

In parallel, \$10 million per year would be authorized from 2018 through 2028 for the state's public universities to study and evaluate the AUMA's impacts. Findings would be published every two years, evaluating the consequences for public health, the health costs of marijuana use and whether recreational consumption is resulting in an increase or decrease in the use of alcohol or other drugs.

Those provisions reflect the widespread conviction that a lot more remains to be

learned and understood about the health consequences of cannabis consumption and that research is in its relative infancy.

Today, says the Brookings Institution, a leading national think tank, 23 states and the District of Columbia allow the use of medical marijuana. Yet compared to other drugs, "we know relatively little about the benefits and risks. Thus, as legalization expands, research on medical marijuana is critical. This research could also help create more effective regulation of recreational marijuana."

Since it has been legal to buy mariju-

juana, emergency

room doctors in

Colorado have seen

an increase in vis-

its from people who have smoked or eaten too much marijuana. Two factors seem to be behind this. First, this isn't your father's marijuana. Apparently, what's being grown and sold today is much more potent than what was sold to the baby boomers in their college years. And second, the increased popularity of 'edibles,' food such as brownies or cookies that have marijuana cooked into it, increases the time it takes to feel the effects, causing many people simply to eat too much."

But the necessary science cannot catch up with the legalization bandwagon, Brookings insists, until the federal designation of can-

nabis as a "Schedule One" drug is demoted to "Schedule Two." Schedule One's many rules and regulations create "a circular policy trap that hinders scientific research."

Compounding this problem, Brookings advises, is the monopoly created by the U.S. Drug Enforcement Administration, which limits marijuana produced only for study to a single source. A related problem is "a complex licensing matrix among the DEA, the Food and Drug Administration and state law," according to a Brookings analysis.

Like many other informed observers, the think tank calls marijuana's current legal environment "bizarre." Each year, "more and more states are being added to the list of those that allow medical marijuana. And yet the drug is being 'approved' without enough science behind it."

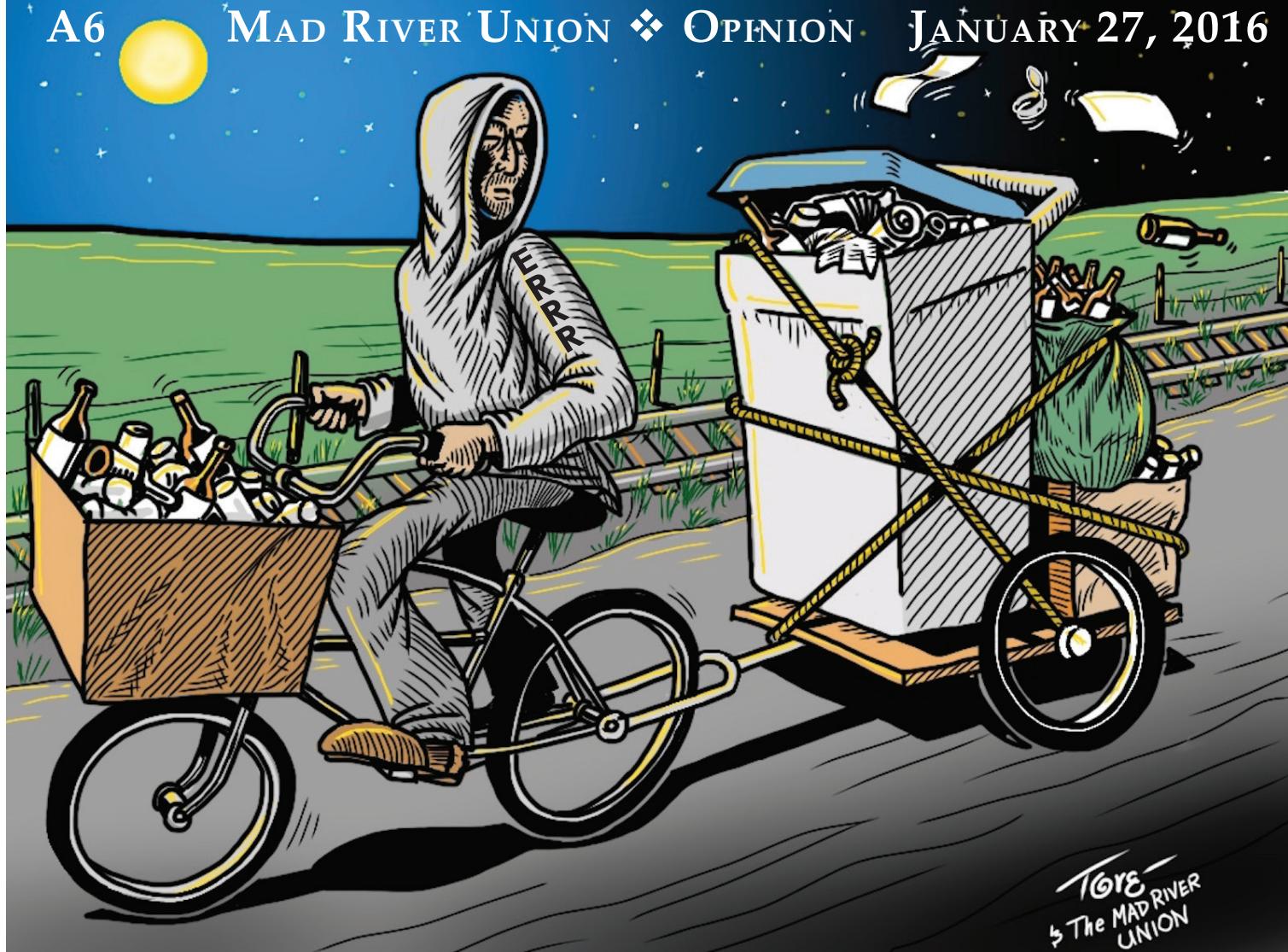
The libertarian Cato Institute, a free market think tank, agrees that cannabis should be "descheduled," but on opposite grounds.

There is little if any scientific basis for the federal prohibition, the institute asserts, "and there is ample scientific and empirical evidence to rebut it. This evidence includes safety data substantiated over thousands of years of human use as well as the conclusions of hundreds of modern pre-clinical and clinical trials. In recent years, scientists have assembled sufficient evidence establishing that cannabis is objectively safe and that it possesses many important therapeutic properties."

"This isn't your

father's marijuana."

— The Brookings Institution



I leave in April, but my PCT journey is already well underway

I've had so much stressy fun over the past few weeks, setting up the hike this April. The highs and lows, tedium and exhilaration, the plodding along and trying to remember to look up once in a while are a bit like traversing the many peaks and valleys of the Sierra.

The 1,726.6-mile hike will take perhaps four months, which requires all kinds of planning. Unplugging (mostly) from your regular life for that long requires you to address some things you could otherwise put off – like setting up bill autopays, simplifying all your passwords and getting a security app and getting new glasses.

But the real planning challenge is, of course, the hike. There's replacing and updating equipment, learning how to use it (that's the fun part), training (also fun), getting medical clearance, figuring out food resupply, getting the right navigation and media apps, working out the electronics and so much more. I keep making lists, crossing things off and then making more lists.

I love planning projects, as do other PCT hikers now getting ready for an April launch. Conquering the known variables is part of the fun. There are some things I simply won't know until I'm on the trail – like how I'll handle the Mojave heat and Sierra altitude gain and loss. Those unpredictables will affect my rate of travel, which in turn affects the cost.

How many "zero days" will I need to spend in towns, to do resupply, laundry and various chores – one a week? Two? I just won't know before I hit a stride. Layovers can get costly, what with lodging and indulgent restaurant meals. My plan is to stick to the trail and

stay in hostels or cheap motels only when necessary, because after all, I could do that here. I do plan to stop for a few days off trail at South Lake Tahoe, where we spent family getaways when I was a kid. That being after a 1,092 walk over deserts and mountains, a few zeroes might be justifiable at that point.

I've never set up a charity hike before, so it's O.J.T. Figuring out how to properly solicit and channel pledges and donations took some work, and audaciously asking people for support isn't my comfort zone at all.

As with anything, fear of failure can have a dampening effect if you let it. Or you can boldly go, split infinitives and accentuate the positives and hope that others find value in it. Much to my relief, the pledges and donations have come first as a trickle, then a steady wave. That and all the rain have been enjoyable to have going on.

As of this writing Saturday, I've received \$350 in donations for trail expenses. That will help offset the cost of the overall mission, which will be in the low four figures no matter what.

The excellent new lightweight equipment available today is simply amazing in its technology and thought-outness. Oddly, for things like sleeping bags (I'm actually taking a quilt and thermal pad), tents and backpacks, you pay more to get less – and less weight. Materials science has transformed some of this gear, with tough but

lightweight items like Cuben fiber and titanium cookware.

But what really buoys me is the \$977.69 I've received so far in per-mile pledges and flat sums earmarked for charity.

That figure assumes that I'll complete the whole route, so it's seriously motivating to complete the hike (not everyone completes their planned journey). With a thousand dollars so far, that's becoming

some serious help for the Pacific Crest Trail Association, Arcata Ridge Trail (Forest Fund) and Union Labor Health Federation Children's Dental Angel Fund.

Even beyond that, the moral support has been fantastic. Everyone is so encouraging and supportive. I've heard from people I haven't had contact with for years. Turns out they've been quietly reading my stuff all along, including the recent hike announcement.

It turns out that there are lots of people locally who have hiked the PCT as well as the John Muir Trail (the two overlap in parts). They want to meet, and we shall. Every time I talk to an experienced PCT hiker, I learn things. Especially helpful and inspirational has been my old friend Dirk Rabdau, former Arcata Union sports editor. He's even sending me his bear canister.

Thanks to all the donors, sponsors and encouragers! See the increasingly readable ad on page B6 for more info.

It was also illuminating meet-

ing with Michael Kauffman, who is helping establish the Bigfoot Trail. The 360-mile Bigfoot Trail also overlaps with the PCT in spots, and links Crescent City with the Klamath Mountains with parts south. So maybe next year I can hike the Bigfoot, or complete the PCT by starting at Manning Park, Canada, and ending in Ashland, Ore. where this year's hike ends.

So when does all this strenuousness begin? Probably April 22, 11-plus weeks from now. I'm waiting for them to announce the date of the annual kickoff event, which I wish to attend.

But before that, on Thursday, March 31, we'll have a special event in the Plaza View Room. "Trails with Teeth" will highlight local trail and progress and plans.

Speakers include Fifth District Supervisor Mark Lovelace, reflecting on the history of the Sunny Brae Tract since the days of SANA (the Sunny Brae Neighborhood Association) and the citizen buyout from Sierra-Pacific Industries.

Arcata Environmental Services Director Mark Andre will give an update on the ever-growing Arcata Ridge Trail.

Trailside Reader co-author and Volunteer Trail Steward Rees Hughes will talk about the Pacific Crest Trail, so all ye local PCT hikers, this is the time to come hither!

I just thought of this last Friday, so it needs more development. There will be other speakers, including a short explanation about the Dental Angel Fund, which saves poor kids' mouths. Maybe we'll have a panel discussion of trail talk. Plus the usual noshing and vibrant social interaction. It sounds like a good time to have a silent auction to raise funds for the charities. If I'm brave enough, I may even bring my pack and PCT rig for more experienced hikers to shake down.

Oh by the way, we need someone to do my newspaper work while I'm gone. Call Jack or me at the Union at (707) 826-7000 to inquire. Things are starting to happen fast, so stay tuned!

KEV'S PACIFIC CREST TRAIL HIKE 2016

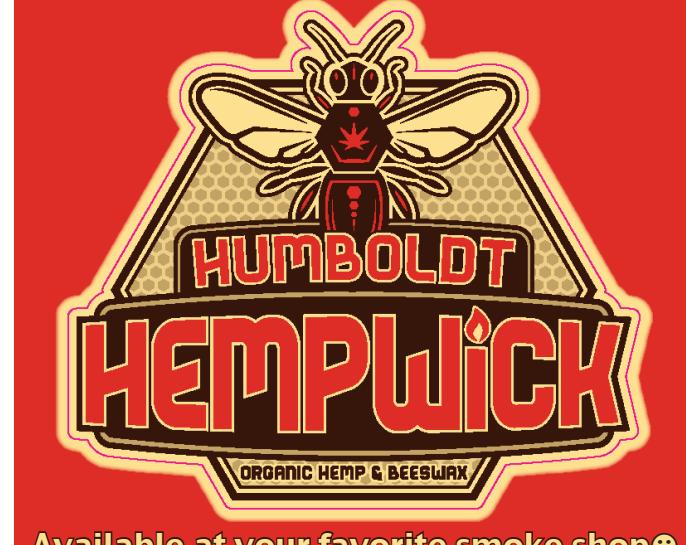
- ❖ **Why:** Volunteering, adventure, entertainment
- ❖ **When:** April 22 to sometime in August, 2016
- ❖ **Route:** Pacific Crest Trail from Campo, Calif. to Ashland, Ore.
- ❖ **Charities:** Pacific Crest Trail Association, Arcata Ridge Trail, Union Labor Health Federation Children's Dental Angel Fund
- ❖ **How to support:** Send pledges or donations via the handy coupon on page B6.

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TRAILS WITH TEETH

- ❖ **What:** An evening of trail talk, social interaction among hikers and trail fans, noshing and merriment.
- ❖ **When & Where:** Thursday, March 31, 6 p.m. at the Plaza View Room, 791 Eighth St., Arcata

❖ **Admission:** \$10 donation



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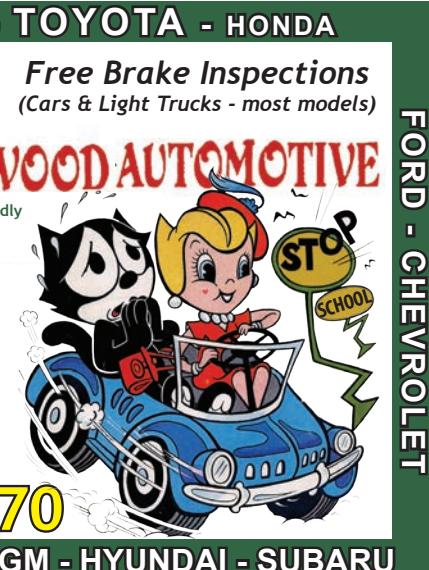
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OPINION

Something's amiss

Something's amiss along U.S. Highway 101, just a short distance south of the School Road exit in McKinleyville. During the past six months or so, around 30 trees have been cut down on the east side of the highway. All of the trees appeared to be healthy and were not that tall. They were not leaning, their branches were not split or falling off and, because they were a good distance from the edge of the highway, they were not a threat to vehicles or the road.

I carefully checked the Caltrans website, and I did not see this tree removal project listed anywhere. It seems to me that a project of this scale, which impacts the look of our community and roadways, should be listed on Caltrans' website so the public can express its concerns. Transparency is compromised when projects like this are carried out without public notice or the chance for public comment.

What I have noticed, over the years, is that Caltrans seems to have money to cut down healthy trees and native plants, but when it comes to controlling invasive plants, they repeatedly tell the public there is no money for that kind of work. The agency's rights of way are heavily infested with English ivy, pampas grass, Scotch broom, Spanish heath, cotoneaster, etc. These plants are known to be highly invasive, yet little is being done to keep them from spreading far and wide and causing irreparable harm to native plants communities in our open spaces and parklands. Even in places where there are only a couple of

LETTERS

Pampas grass or Scotch broom plants growing, and where they could easily be dug out of the ground or pulled out with a weed wrench, the plants are being left to grow and spread. It is just a matter of time before the new infestations from these plants crowd out the native plants. I was told that Caltrans controls invasives through mowing activities. Unfortunately, the mowing equipment exacerbates invasive plant infestations, because the equipment spreads the seeds up and down our roadsides.

Years ago, Caltrans used herbicides to control vegetation along our roadsides. That program was discontinued after a settlement agreement with Californians for Alternatives to Toxics (CATs). I imagine the spraying program (which included the cost of herbicides, equipment, training and application activities) was very labor intensive and expensive. What happened to all of that money? Why can't the funds from the spraying program be spent on some form of invasive plant control and removal programs?

It is sad to see what is happening to the native plants and trees along our highways. One area that is particularly hard to look at, especially if you appreciate native trees, is the area above Moonstone Beach on the west side of U.S. Highway 101 by Westhaven. Now that the leaves are off of the alders, it is easy to see how the trees are being completely engulfed in ivy. It's just a matter of time before these infested trees fall over during a heavy rain or high wind event. If

Caltrans would bring in the inmate crews, they could remove the ivy vines from the trunks and save those beautiful trees.

A small stand of alder trees at the rest stop on the west side of U.S. Highway 101, just a couple miles north of Trinidad, are suffering the same fate. Ivy vines are strangling the trees and blocking out sunlight. I have asked Caltrans to please cut the ivy vines away from the alders on their rest stop property, to no avail. It would not take long to liberate those trees from the ivy, but not even something that simple is being done to save those trees.

I hope by writing this article that Caltrans will do what it can to save the beautiful alder trees (and other native trees) that are engulfed in English ivy on its properties. I hope, too, that Caltrans will do more to control the spread of highly invasive plants along our roadways that are damaging California's native plant communities.

Kimberly Tays

Arcata

AHHA advancing

Last Tuesday night [Jan. 19] at the Eureka City Council meeting, we all took a big step forward in the housing movement focused on homelessness in Eureka by resolving to Declare a Shelter Crisis. A resolution first submitted by Linda Atkins at the Jan. 5 City Council meeting was gutted with a new draft reintroduced by the city attorney. This draft was thoroughly discussed and heavily amended into the current Resolution to Declare a Shelter Crisis in the City of Eureka.

Based on Councilmember Atkins' appropriate language amendments, supported by Councilmembers Arroyo and Bergel, the resolution passed. It was quite the meeting, and if you get an opportunity to watch it on Public Access, it will show you how the hard work of Affordable Homeless Housing Alternatives, Inc. (AHHA) and all advocacy groups and individuals within the community proved to be key in crafting a Shelter Crisis resolution, a helpful tool for creating pathways to safe, legal places for Eureka's houseless to be. We are grateful to our City Council and are heartened and encouraged by their courage and integrity.

The AHHA Safe Parking and AHHA Sanctuary Camping Proposals are being honed to address the concerns of community and they will be a big part of our AHHA General Assembly on Saturday, Feb. 6 from 11:30 a.m. to 2 p.m. at Jefferson School. These proposals will put us in position to respond to the Eureka City RFP (request for proposals) for operating these programs. Please come join us and share your input.

Congratulations and Thank You to ALL!

Nezzie Wade, president

Board of Directors, Affordable Homeless Housing Alternatives, Inc. (AHHA)

If you do nothing else, sign your letter with a real name and include a city of origin, plus a phone number (which won't be published). Email letters to opinion@madriverunion.com.

Hey thanks, but we can work out the pot thing ourselves

Note: the Arcata City Council last week approved a letter to Assemblymember Rob Bonta in support of AB 21. According to a staff report, AB 21 reverses a provision that pre-empts local governments from enacting cultivation regulations if they don't have them in effect as of March 1, 2016. Below, the draft letter. — Ed.

January 20, 2016

The Honorable Rob Bonta Member, California State Assembly State Capitol – Room 6005 Sacramento, CA 95814
RE: Support for AB 21 (Bonta, Cooley, Jones-Sawyer, Lackey, and Wood) – Medical Marijuana Cultivation (as amended January 4, 2016)

Dear Assembly Member Bonta:

On behalf of the City of Arcata, I am pleased to announce our support of Assembly Bill 21 (Bonta, Cooley, Jones-Sawyer, Lackey and Wood).

This measure addresses the need to remove from statute a provision that would harm cities by pre-empting them from enacting cultivation regulations if they do not

LETTER OF THE WEEK

have such regulations in effect as of March 1, 2016. The provision, Section 11362.777(c)(4) states:

If a city, county, or city and county does not have land use regulations or ordinances regulating or prohibiting the cultivation of marijuana, either expressly or otherwise under principles of permissive zoning, or chooses not to administer a conditional permit program pursuant to this section, then commencing March 1, 2016, the division shall be the sole licensing authority for medical marijuana cultivation applicants in that city, county, or city and county.

Although Arcata has existing land use regulations that have governed the cultivation of medical marijuana for many years, this provision is problematic and should not have been included in the final version of last year's Assembly Bill 243 (Wood), as it is inconsistent with other timelines associated with implementing the regulatory framework, namely launching the state cultivation licensing process.

In addition, the above provision directly contradicts the concept of local control, which for the city was an important theme of last year's historic Medical Marijuana Regulation and Safety Act. It also conflicts with a critical component of AB 266, that of dual licensing. Dual licensing requires both state and local governments to authorize medical marijuana business operations in any specific jurisdiction, and is modeled after the regulatory structure in Colorado. Arcata currently has licensing in place for cultivation and dispensing and is considering expansion of the cultivation and manufacturing license options.

Without this legislation removing the pre-emption provision, a number of cities throughout California will suffer harm through the loss of their local regulatory authority after March 1. The City of Arcata strongly desires to retain the ability to decide the rules within its own borders and supports this legislation.

Sincerely,
Paul Pitino
Mayor, City of Arcata

Clattering, clamoring, kinetic kids batter Bowl of Beans – what would MLK do?

Baba Jamal, the beloved storyteller who has been visiting schools, libraries, and other venues in Humboldt County since 2006, is struggling.

He's got a microphone but the noise level in the Arcata Community Center is deafening.

The audience, seated at tables after sharing a meal at the annual Bowl of Beans, is listening.

But the swarm of children isn't.

They are running, full tilt, banging into chairs and tables, as they continue their rowdy game of tag that's been going on for more than an hour.

An elderly man stops, standing still in one spot, clearly nervous about being knocked over.

Another group of small children is climbing up the wooden pirate ship wall of folded up bleachers, jumping down to the floor with loud thunks, climbing up again, running the length of the top of the bleachers, leaping over other children who are sitting up there, happily banging their feet against the boards.

All these kids are yelling and screaming.

Baba Jamal's microphone is no match for the cacophony.

As he does every year at Bowl of Beans, he invites children to come up to the stage and say what qualities they think the Reverend Dr. Martin Luther King Jr. would ask them to live by. Children speak words such as "kindness," "respect" and "courage" into the microphone.

Meanwhile, the running kids continue their game and the kids on the

top of the bleachers continue their yelling and banging.

A few parents (two mothers and one father, to be exact) go over and extract their children from the melee.

Where are the rest of the parents? Did they drop their kids off at the center, intending to pick them up later? Are they working in the kitchen, not able to see what's going on? Are they sitting and chatting with friends at the tables, supremely unaware of how rude their children are being? Are they just too tired to cope?

Or, an even worse possibility, do they think it's OK for their children to act like characters in *Where The Wild Things Are*?

Baba Jamal finishes his story. From where I'm sitting in the audience, I have been able to hear about one word out of three.

A little boy sitting at the table behind me has obviously heard Baba Jamal before, as he enthusiastically responds to the storyteller's prompting of "I go." "I may," the boy calls out, in the traditional African response that Baba Jamal teaches children wherever he performs. The boy's parents smile at his participation. I find myself wishing that they could give parenting tips to the absent or pretending-to-be-absent parents.

What's ironic is that the Bowl of Beans is a fundraiser for two worthy groups: the Arcata Recreation Youth Development Scholarship for the Arts and Arcata Elementary School. I've visited the school for articles I've written in the past and had the pleasure of observing their wonderful music and dance classes.



BOWL OF SCREAMS

I've been a supporter of the event for many years, buying tickets, raffle tickets, and T-shirts and urging friends to meet me there.

When I asked a friend if she would be going, she answered, "No, too many kids running around."

She was right.

The noise and running continued through the performance by the Arcata Interfaith Gospel Youth Choir. It abated somewhat when the children's dance troupe performed, possibly because some of the noisy pack were dancers. I don't know.

What I do know is that I won't be back. The organizers work hard, the food was delicious, the CCC, Watershed Stewards and Spark, and AmeriCorps volunteers and other helpers were energetic and awesome, but it's hard to see such rudeness to performers continue.

There was a kids' coloring station by the silent auction table, but given the level of the rainy-night pent-up energy of these children, a trampoline in a back room would have been more helpful.

Was that your boy with dark hair in a red shirt who slammed into my chair? Was that your son in the black and white shirt who ran, yelling, the entire length of the top of the bleachers, in plain sight of your table? Was that your daughter who climbed the wooden wall and jumped down, over and over?

Enough said.

The last time Janine Volkmar wrote an article complaining about a parent's behavior at Trinidad School, she received hate mail and a public scolding from a teacher.

Rainy days

These last two months of more rainy days than dry ones have brought on a pleasant nostalgia in those of us old enough to remember the old days.

When I moved to Whitethorn in 1970, there was a drought on.

The Mattole was dry and in August we had no water at all. But then the rains came in September and all was good again.

At that time, the rains usually commenced in September. As I recall, the first, or perhaps it was the second, Summer Arts Festival was held on a Labor Day weekend in September and it was rained out.

Later, as the '70s progressed, I moved to an old tourist resort on the Avenue of the Giants, called at the time Astrinskyville, and the rain was such as I had never experienced. I counted 80 days of rain, sometimes pounding, sometimes misting, and then came a flood, with the South Fork rising over the old highway and isolating us from both sides.

Everyone, the Astrisks and all their tenants, gathered to watch the swollen brown water roll by with its load of logs and other debris.

Beer was served and the two Franks got out their pistols and used the bobbing logs for target practice.



INTERESTING TIMES

When I relocated to Briceland in the '80s, where the water supply was from a single spring on land owned by David Katz, I began reading and recording rain. The late Al Puffer was doing a hydrological study for NOAA and he handed out

rain gauges and report forms for volunteer rain recorders. I gave all my records to the Historical Society, but as I remember, there were times when I recorded as

much as four inches of rain in a 24-hour period. Nothing like they were getting out in Honeydew, of course, where word was they measured in feet, not inches.

I have had my rain gauge set up in the Lazy J Garden for three years now. The first two years, the amounts were meager. But these last two months I rise early, don my rain gear and walk down to read the rain. In December I recorded a respectable 15.3 inches. So far in January I've measured 7.5 inches.

The vernal pond in the dog walk area between Mustang and the horse pasture behind the fire house is bigger than ever and filled with happy Mallards. Feels like old times.

Mary Ella Anderson recommends getting close to nature. Go for a walk in the rain while you can.

Wing | Taking on Zodiac

♦ FROM A1

ebreated Friday, Jan. 22 at the company's sprawling factory located at the west end of Fifth Street near Samoa Boulevard. Local politicians and other dignitaries were on hand to present Wing with an oversized check for \$2.8 million, which is actually the total amount of a grant given to the City of Arcata by the California Department of Housing and Community Development. Of that amount, about \$150,000 went towards fees and other expenses related to the financing package. The remaining \$2.65 million goes to Wing in the form of a three percent loan payable over 20 years. That money will be paid back to the City of Arcata, which will receive quarterly payments of \$54,959, or \$219,836 a year, for the next 20 years, according to Arcata Community Development Director Larry Oetker. That money can then be used by the city for other economic development projects and business loans.

The low-interest loan will be used by Wing to refinance debt, expand its operations at the site and hire more employees. Under the expansion plan, which is already underway, the company will hire about 77 additional employees.

Wing Chief Operating Officer Mike Dunaway said that some of those hirings have already taken place. The company now has 153 full-time employees and will have a total of 190 to 200 employees in the coming months. Most of the entry level jobs pay about \$11 to \$14 an hour, but there are also higher-paying administrative positions.

The company will expand into nearby space in an area that once housed the California Barrel Fac-

tory, one of Arcata's major employers during the first half of the last century.

Another key component of the financial package was allowing Wing to restructure its debt, according to Oetker. Wing had a loan that required that it maintain a certain amount of cash on hand, which restricted its ability to spend and expand. Wing will continue to grow and hopes to take more market share from its main competitor, Zodiac. The French company used to be the leader in the inflatable boat market, but Wing is taking over.

"We're crushing them," Dunaway said. Wing, founded by Bill Wing 20 years ago, makes polyurethane rafts, along with replacement tubes, sponsons and foam collars for rigid inflatable boats. The company sells to consumers as well as government agencies. Among the company's clients are the U.S. Army, Air Force, Navy and Coast Guard.

During last Friday's ceremony, Arcata Mayor Paul Pitino told a story about running into a Zodiac employee during a summer vacation in Paris. Pitino said he was staying in a vacation rental with a man who was working long hours. He asked the man about his work, and the man said he worked for Zodiac.

"I said 'Zodiac, are they like Wing?' He said 'Wing, that's our biggest competitor. They're scary.' And I said 'They're scary? They're in Arcata. It's like tiny. It's not Paris.' Pitino said that the conversation made him appreciate the local company. Dunaway attributed the company's success to the quality of its products as well as the contributions from its employees.

Photo: GRANT CUNNINGHAM



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Marisa & the magnolia

Janine Volkmar

MAD RIVER UNION

ARCATA — Marisa Kieselhorst spent a year painting a magnolia in her yard, once every month. Her watercolor documentation of the tree's changes are hanging through February in a magnificent show at The Sanctuary, 13th & J streets in Arcata (see sidebar).

The paintings are arranged in chronological order around the light-filled space. The scale and perspective is never the same, making the show kaleidoscopic and enticing to view.

Kieselhorst included an actual branch from the tree in the show. Paper leaves with written comments and wishes hang from its stems in the gallery.

A PAIR OF TEACHERS Marisa Kieselhorst, right, spent a year painting her magnolia tree. Above, one of the 12 paintings currently on exhibit at The Sanctuary.

KIESELHORST PHOTO BY JV | UNION



Kieselhorst asks the wise question on her website: "Who or what can be your teacher?"

It's clear that the magnolia was hers for the year.

"I was excited to capture the mood, weather, blooms and overall atmosphere as each month held something special and new. It was a challenging, soulful, and incredible lesson for my year," she wrote.

Kieselhorst has studied watercolor with Alan Sanborn, as so many local artists have. But her style is all her own. She has a series of "gem-inspired feathers" on display at The Philosopher's Stone in Eureka and her cards are available at Plaza. She describes her work as "in the moment" and does a combination of en plein air painting and studio work in her home.

She's married to another artist, Chris Kieselhorst. "I married an artist and master of metal and wood in 2013 and we encourage creativity for life that is both practical and beautiful," she wrote.

The two often collaborate on the design of larger metal and wood pieces and are supportive of each other's process.

"It's been pretty impressive to see the commitment and devotion to the project

she had," Chris Kieselhorst said.

Marisa Kieselhorst was born in January and the choice of a calendar year artwork comes naturally to her, as a Capricorn. "January is always a good time to start a project," she said.

She will be doing another seasonal documentation, this time based on the farm-to-table garden of the owner of Folie Douce. She'll paint there once a month and said, "You are seeing what you are eating." That show will open in January 2017.

Upcoming shows for this hardworking and prolific artist include two at Plaza, in July and August this year and January and February 2017.

Visit mykindesigns.com to read her long and beautiful essay, *A Year with the Magnolia*, and to see her other artworks and writings.

Here is a part of that essay, written about the autumn and the magnolia:

"We've journeyed together for almost a complete year, only a few more months to go and I begin to dread the completion ... I visit the tree, the grey sky and dew surrounding us as if in a dream. I pluck a mature seed pod from the tree and marvel at it. It's so strange and almost mismatched to what the tree has given life to for all the months prior. It curves perfectly into my palm and once again, I feel the excitement and vibration of inner wisdom."

Marisa and the magnolia. A pair of teachers.

AT THE SANCTUARY The Sanctuary currently hosts exhibitions by artists Marisa Kieselhorst and Sierra Martin. Both local to the area, Kieselhorst and Martin's exhibitions feature vibrantly colored paintings. In the meeting room, Kieselhorst exhibits a suite of 12 paintings depicting one year in the life of her beloved magnolia tree. These delicate watercolors record the subtle changes as the magnolia transforms with the seasons. In the main hall, Martin exhibits his colorful pure abstract paintings. Using simple shapes and planes to break up each image, Martin focuses his energy (and your eyes) on the richness of color and pure form. The exhibition will be on view through January and February during the Sanctuary's open lab hours, during events, and by appointment. Open lab hours are Wednesday noon to 7 p.m., Friday 11 a.m. to 4:30 p.m., and Saturday 9 a.m. to 2 p.m. The Sanctuary is located at 1301 J St. in Arcata.



RIGHT OUT OF A WES ANDERSON FILM Mia Bella cupcakery, above, opened Friday, Jan. 22 and was immediately inundated by a horde of delighted children and adults. Cupcakerista Bonnie DeBord, below, will be serving up such cupcakes as vegan chocolate, peanut butter cup and mocha at 1041 H St. in Arcata every day except Mondays. The Arcata Chamber of Commerce invites all to attend Mia Bella's official ribbon-cutting ceremony on Saturday, Feb. 6 at 1 p.m. miabellacakes.com JCB | UNION



My Will Distilled (after Shakespeare)

*They flee from me that sometime did me seek.
— Thomas Wyatt, 1502-1542*

Gathering winters harrow my brow,
dig trenches there, bury my marrow too.
I'm but few years shy of three-score and ten:
my time is near its terminus.

Nature calls me to be gone,
for summer long since has fled —
decidedly, my sap is chilled with frost.

Likewise, my face is over-snowed,
my lips bloodless, rimed and dulled.

Worms, of course, are poised to be my heirs.

Rest assured,
my vanishing will not water a widow's eye,
or make scions sad — of them I have none.

Into the desert wastes of time I head,
thirsting, ungirded, unannealed.

My youth is turned to remorseless night;
day draws out my sorrows,

old sneakthief Death makes grief seem stronger.

I'm lamed of course by Fortune's wheel,

which drove me here and there,

rolled me smugly down the paths of folly,

spun my thoughts upside down,

left me blanched and bruised.

No point troubling with prayer a heedless heaven,
which heals no wound,

diverts no one's rush to dogged oblivion.

As for epitaph, well,

I willingly confess before I go

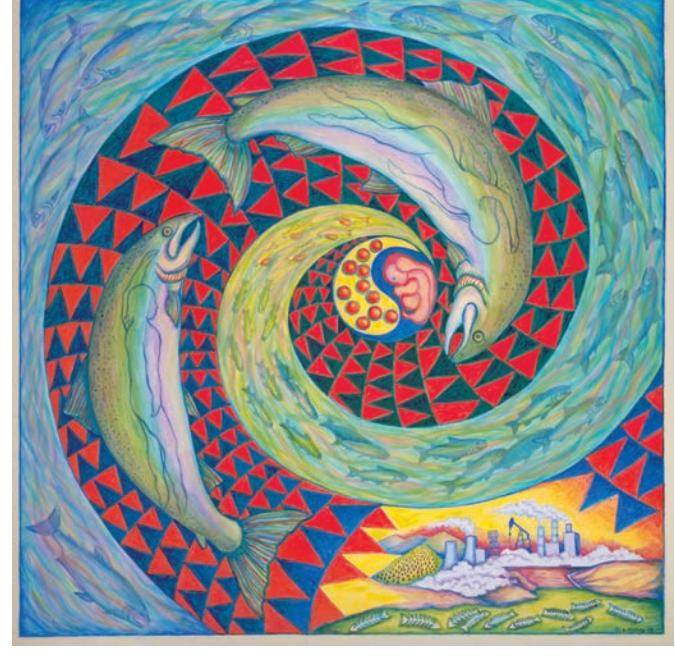
what you always knew,

but did not disclose:

I was not, could not, be thine,

for neither me nor I was ever mine.

— Paul Mann



GOUDI'NI GALLERY A traveling exhibition featuring art, video and oral histories from the perspective of California Indian Tribes of the Klamath River Basin comes to Humboldt State University's Goudi'ni Gallery from Jan. 28 through Feb. 20. The exhibit was developed and curated by Brittni Orona, an enrolled member of the Hoopa Valley Tribe. Through the exhibit, Orona explores the cultural importance of the Klamath River Basin, the detrimental effects of the PacifiCorp dams to Native culture, the combined efforts of all three tribes to remove the dams to protect their cultural heritage, and continuing concerns about the Klamath Basin Restoration Agreement of 2010. Works include *Hope and Renewal Swim Against the Current*, above, by Lyn Risling (Karuk/Yurok/Hupa). A closing reception will be held on Friday, Feb. 19 from 4:30 to 6 p.m. The gallery is located on the first floor of HSU's Behavioral Sciences building and is open weekdays at noon and Saturdays from 10 a.m. to 2 p.m. Admission is free. (707) 826-5814, rbg@humboldt.edu

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A good way to kill time on the long march to death

I've turned into a horrible hacking Glaswegian old lady, coughing and cackling as I shuffle and drag my shopping down the filthy streets of Arcata. The inevitable January cold has settled ineluctably into my lungs, and my late nights shower renderings of Rosemary Clooney sound more like Janis Joplin.

Also I peed in poison oak. I'm afflicted like a biblical character, one of the good Jewish ones you feel sorry for. I went to a show last night and a fat lady stepped on my foot. My dating life is like a pile of IRS forms, not the ones where you get money, the other more boring stupid ones. Oy gevalt.

On the other hand, I'm alive and I got a facial so my complexion is glowing, and there is always comforting cooking, which aside from the horrible steam burn I got this morning is an endless source of dependable emotional sustenance. My friend Josh bakes when he gets depressed, which judging by the regular piles of hot cookies is almost all the time.

I shop and cook. It's a good way to kill time on the long march to death. Also, it's a good way to make your kitchen warm and smell good on these chill nights, and what with this lung-cold I am in the mood for all sorts of spicy, garlicky soups and Asian-inspired sauces.

This is the only time of year I actually crave kimchi, which my brother and father make in big earthenware pots, and I get to make one of the only Spanish foods I like, 40



JADA BROTMAN
◆ YAKA
HICKIE HOOHA

clove garlic soup. I love that soup. You actually have to peel the garlic, I've found that in such large quantities that pre-peeled garlic gives a funny processed taste, but if you're not in a rush it's actually quite meditative. Plus it's vegetarian so you don't have to use your precious chicken stock, and there's no dairy to interfere with sinus issues.

I can give the recipe anecdotally because it's so easy and slipshod. Put on some dank tunes and sit at your kitchen table with two heads of garlic, a chef's knife, and two bowls, one for the peeled garlic and one for the peel refuse. Separate the cloves, bash each one with the flat of the knife and peel. Put refuse and cloves in appropriate bowls. Once 40 cloves have been peeled, dump on cutting board and finely mince. This takes a few minutes.

Heat up 1/3 cup olive oil over medium heat in a heavy-bottomed pot like an enameled dutch oven – not to smoking point – and dump in minced garlic. Stir till very fragrant, four to five minutes. Add two teaspoons red chile pepper flakes and one teaspoon salt. Add one-and-a-half quarts of water, or stock if you want it more complex. Simmer 20 minutes. Taste for seasoning adjustment. Just before serving, drop in one egg per serving and let poach four minutes. Serve with fresh black pepper and toasted bread drizzled with olive oil.

If that garlicky elixir of life isn't potent enough, I've got a super potent raw garlic and ginger sauce that will blow your face off and is good on any protein, in small quantities. It'll wake your head up. No hot dates for a day or two after this one, unless they're understanding people.

Chicken (or other protein) Ginger Garlic Sauce

From Darius Brotman's cookbook
Rather More Butter Than You Might Think.
A San Francisco Chinatown dish. This incredibly strong sauce, dabbed on the plainest of chicken, is a revelation. Also good on poached fish or tofu. Serves 2.

Ingredients

2 half-breasts of chicken (with skin and bones)
4 scallions
1 tsp. salt
1 inch cube of peeled fresh ginger
4-5 cloves garlic

Put the chicken on a steaming rack in a wok. Trim the darker green parts of the scallions and scatter the trimmings on top of the chicken. Put a cup of water in the wok, cover and steam the chicken.

Chop the trimmed scallions and the ginger. In a mortar, pound the garlic and the salt to a paste. Add the ginger and scallions and pound some more.

When the chicken is only just cooked through, take it out and as soon as possible remove skin and bones. Separate meat into neat pieces and serve with the sauce, with plenty of rice. A little sauce goes a long way.

You can add green or black tea leaves to the steaming water for an aromatic subtlety.

Seeks small art

HUMBOLDT ARTS COUNCIL

HUMBOLDT – The Morris Graves Museum of Art (MGMA) is asking artists to donate 5-inch by 7-inch (or 7-inch by 5-inch) works in any media – be they paintings, drawings, tiles, sculpture, fabric or mixed media – for a fundraiser to support the MGMA and Youth Art Education Programs. The Humboldt Arts Council (HAC) supplies a 5-inch by 7-inch panel (or artists can use their own mount) which will keep costs low.

Works in any media that fit the dimensions are welcome. Jewelers, are reminded that they can mount their work on the board! Following the April 11 deadline, all the artwork will be displayed in the Anderson Gallery at the MGMA, forming a gorgeous, multicolor, multidimensional grid of hundreds of works. The exhibition will run from May 7 to 22. The 5" x 7" Art Splurge will begin on May 7 during Arts Alive! from 6 to 9 p.m.

The artwork will be hung anonymously and patrons won't know whose work they will be picking. To level the playing field, all work will be displayed anonymously in order for supporters to purchase works for pure pleasure. Of course, artists will identify themselves on the back of each work.

Thirty first-pick tickets will be sold at \$50 each prior to the splurge on a first-come, first-serve basis. After the 30 first-pick ticket holders have chosen their pieces to buy, the artwork is available to all for just \$100/\$75 for current HAC members – another great reason to become a member today!

For information or to request a panel, contact the MGMA at (707) 442-0278, ext. 205 or jemima@humboldtarts.org.

SCI FI PINT AND PIZZA NIGHT

Enjoy the *Star Odyssey* (1979) and other psychotronic weirdness, trailers, short films and strange giveaways **today, Jan. 27** at Arcata Theatre Lounge, 1036 G St. This silly Italian film, one of many released to capitalize on the success of *Star Wars*, takes place on Earth in the year 2312, when the planet is sold to an evil despot, and it is up to the kindly Professor Maury and his ragtag band of human and robot friends to reclaim the planet from the cyborg army. Doors open at 6 p.m. and the main feature starts at 7:30 p.m. Admission is free with \$5 minimum purchase of food or beverage. Parental guidance is suggested.

JAPANESE GARDEN DESIGN The Eureka Chapter of the American Rhododendron Society meets **Thursday, Jan. 28** at 7 p.m. at The Eureka Woman's Club, 1531 J St. Paula Trinowskey's program, Japanese Garden Design, will feature photographs taken by her husband during a number of trips to Japan. There will be time for questions. Don Wallace will provide descriptions and photos of the rhododendron plants that will be available through the opportunity drawing, and someone goes home with the rhody offered as the door prize. The public is welcome; there is no fee. Refreshments are provided. (707) 443-1291

OUT OF EGYPT Linda Stansberry speaks with Reeham Ramadan and Karin Marr on **Thursday, Jan. 28** on KHSU's *Thursday Night Talk*. In 2015, Marr campaigned to help her friend Ramadan get safely out of Egypt, where political unrest had impeded her education. Now safely in Humboldt County, Ramadan and Marr talk about friendship across borders, the U.S. Visa process and the role of education in empowering women. Tune into KHSU-FM 90.5 khsu.org beginning at 7 p.m.

BLACK FIVE LIVE

College of the Redwoods presents visiting writer J. Lynn Bailey on campus **Friday, Jan. 29** at 7 p.m. in room HU 110. Doors open at 6:30 p.m. Bailey will read from her new book *Black Five*, a young adult paranormal romance novel set in the fictional town of Mason, inspired by Ferndale, and follow with a question-and-answer session. The reading is free and open to the public. Bailey, who has been working at CR since the age of 18, is the first visiting writer this year in the CR's Visiting Writers series. For more information about the reading series, visit redwoods.edu/departments/english/visiting-writers. For more information about Bailey, visit jlynnbailey.com.

CHILI COOK-OFF Mad River Brewing Co., 101 Taylor Way in Blue Lake, holds its fifth annual Chili Cook-off **Saturday, Jan. 30** from 2 to 5 p.m., with music by The Undercovers. Your \$10 entry fee gets you chili tasters, a full bowl, cornbread, salad and a cookie. Proceeds benefit North Coast Big Brothers Big Sisters.

JON SCHJEI FUNDRAISER The Logger Bar, 510 Railroad Ave. in Blue Lake, holds a fundraiser for Jon Schjei on **Saturday, Jan. 30**. Schjei from Gro Pro was in a severe motorcycle accident in August, and suffered a broken arm, ankle, pelvis, a shattered hip and fractured vertebrae in his lower back, necessitating four major surgeries. The fundraiser will feature a silent auction, live music, and Blackberry Bramble barbecue starting at 4 p.m. and going all night long!

AT THE ALIBI Bad Kitty presents The Rocketz (psychobilly from Los Angeles) and Craic Haus (Celtic punk from Claremont) at The Alibi, 744 Ninth St., Arcata, on **Saturday, Jan. 30** at 11 p.m. There is a \$5 cover for this 21 and over show.

BREAKFAST IN BAYSIDE

Bring the family to Breakfast in Bayside at the Bayside Grange, 2297 Jacoby Creek Rd., on **Sunday, Jan. 31** from 8 a.m. to noon. This quarter's gourmet breakfast features sourdough multi-grain pancakes, chicken apple sausage, scrambled eggs, scrambled tofu, yogurt, fruit of the season, organic coffee, teas, milk, orange juice, hot chocolate and Mad River Farm jams and local sauces, plus live music by the HSU Academy Fiddlers and Flute Choir and Sam McNeill. There are mimosas for sale at this breakfast, so bring your ID! Breakfast is \$8/\$5 for kids and seniors/free for ages 80+ and under 2. (707) 822-9998, baysidegrange.org

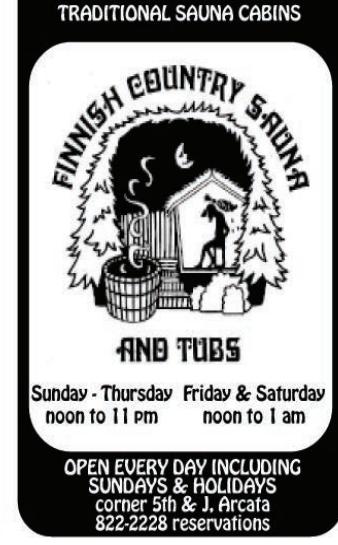
MID-WINTER MUSICAL MIXER Enjoy a lighthearted, convivial social event and opportunity to dance at the Humboldt Swiss Club, 5403 Tompkins Hill Rd., Loleta on **Sunday afternoon, Jan. 31** from 1 to 4 p.m. Music for dancing will be provided by the hosts, Humboldt Accordionaires, and their friends, the sensational new local band, Real Country+. The event is a fundraiser for the Humboldt Swiss Club's building maintenance fund. Admission is by donation and attendees are asked to bring finger food to share.

UNHEALTHY SELF-PERCEPTIONS People's tendency toward judging themselves harshly will be explored at Lifetree Café on **Sunday, Jan. 31** at 7 p.m. The program, titled "Why Are You So Hard on Yourself?" features a short film in which an FBI sketch artist draws how people describe themselves and then how those same people are described by others. Differences in the descriptions are startling. Lifetree Café is located at Campbell Creek Connexion on the corner of Union and 13th streets, Arcata. (707) 672-2919, bobdipert@hotmail.com, lifetreecafe.com

CALNDAR

VENUE	WEDNESDAY, JAN. 27	THURSDAY, JAN. 28	FRIDAY, JAN. 29	SATURDAY, JAN. 30	SUNDAY, JAN. 31	MONDAY, FEB. 1	TUESDAY, FEB. 2
Arcata Theatre Lounge 1036 G St., Arcata	6 p.m. • Sci Fi Pint & Pizza Night		8 p.m. <i>Star Trek</i> (2009)	7:30 p.m. • Random Acts of Comedy	6 p.m. • <i>The Jungle Book</i> (1967)		9 p.m. The Motet
Blue Lake Casino 777 Casino Way, Blue Lake		9 p.m. • Karaoke w/ KJ Leonard	9 p.m. Simple Creation	9 p.m. Simple Creation	9 p.m. • Karaoke w/ KJ Leonard		
Cher-Ae Heights Casino 27 Scenic Dr., Trinidad	all day Free pool		9 p.m. The Roadmasters	9 p.m. Money	8 p.m. Karaoke w/DJ Marv	8 p.m. 8-Ball Turnney	8 p.m. Karaoke w/DJ Marv
Humboldt Brews 856 10th St., Arcata	9 p.m. Kung Fu & Free Rain		9:30 p.m. The Rock Collection	9:30 p.m. The Rock Collection			
The Jam 915 H St., Arcata	9 p.m. • Whomp Whomp Wednesday	9 p.m. Scott Pemberton Trio	9 p.m. • Dubadubs CD release party	9 p.m. • Funk the Vote Sanders Funkraiser	9 p.m. • Sundaze w/ Deep Groove Society	9 p.m. More Vibez Monday	9 p.m. Comedy Night
Libation 761 Eighth St., Arcata		7 p.m. Claire Bent	7 p.m. La Musique Diabolique	7 p.m. Blue Lotus Jazz			7 p.m. Buddy Reed
Logger Bar 510 Railroad Ave., Blue Lake	7 p.m. Live Turtle Races		9 p.m. Miracle Show	9 p.m. • John Schjei fundraiser	6 p.m. Potluck dinner	all day Free pool	all day Ping pong
Mad River Brewing Co. 101 Taylor Way, Blue Lake	6 p.m. RLA Trio	6 p.m. Fred & Jr.	6 p.m. Redwood Ramblers	2 p.m. Chili Cook-off			6 p.m. Blue Lotus Jazz
Redwood Curtain Brewery 550 South G St., Arcata		8 p.m. RLA Trio		8 p.m. Cadillac Ranch			
Six Rivers Brewery 1300 Central Ave., McKinleyville				9 p.m. • Jenni & David and the Sweet Soul Band	8 p.m. Trivia Night	8 p.m. Karaoke with DJ Marv	7:30 p.m. Sunny Brae Jazz

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Professing the emotional history of the human race

Sarah E. Isbell
MAD RIVER UNION

HUMBOLDT — In our continuing series on local poets you should know, the *Union* brings you an interview with College of the Redwoods poetry professor David Holper.

I began by asking Holper what might seem to be a simple question: What makes great poetry?

"That is a complex question," Holper replied, "but on a simple level, it's a stirring of emotions within us. Something that taps into that part of us that lives under the surface just waiting to be awoken. And it comes from details, or sound, or voice."

There's an immediate recognition, Holper said, "When it's just kind of dead on the page or dead through performance, you can see the difference between what's powerful and what's not."

Holper works to pass on what might seem like an intuitive skill to his students. "When I train student editors for the literary journal for College of the Redwoods, I just tell them, if you read it and it doesn't do anything for you, just pass it by, you're just looking for the things that really speak to you on some level. I think poet laureate Billy Collins, in an interview a few years ago, said that 'Poetry was the emotional history of the human race.' And I think that's a keen observation. It's simple in a certain way, but it is, it's the emotional history of our species."

There's also a personal connection. "I like a poet to find a way to articulate something I've sensed or intuited or thought myself, but I've never put to words before. Or, give me a new insight into something that I saw, that I kind of maybe sensed, but I have never (really given voice to)."

Poetry as a dangerous act

Both traditional verse, and in particular, slam poetry, may often use that same emotional response to spur a call to collective social action. "I always tell my students that they should read Plato's *Republic* because in there he has a section on the poets, and he says they're the most dangerous, they're the revolutionaries, they're the ones that speak truth to what's happening in society, and they're dangerous, and we can't have them in this perfect society we're building," Holper said.

"So I always tell the poets that I teach, you're the rebels, you're the ones who want to really speak the truth to what's in our society, and that's a dangerous thing in a society like we live in, because there are so many lies, and there's so much deceit and fraud about how we live our lives, that to speak the truth in an environment like this is a dangerous act."

Poetry out loud

Over the years, Holper, schooled in

the Iowa method of teaching poetry, has changed the way he teaches to more effectively reach the younger generations of students. Holper believes that poetry is meant to be spoken out loud, and encourages his students to do exactly that — to publicly perform their poems.

"I grew up where there was a really big dichotomy between writing poetry and spoken poetry," he elaborated. "I grew up in the Bay Area, I think I was really drawn to the beat poets and to poetry performance, so I really like poetry to be said aloud, to be performed, but as an academic, I also dwell in the world of a page."

Holper now passes on that love of the spoken word to

the younger generation of students. "Every class now that I teach in poetry opens with an open mic," he said. "Whatever they write, I don't care what it is. Something that they want to perform. They have to get up in front of the class, stand up, and perform it." At the end of the semester, his students give a public performance of the best poems they've written during the semester at the Morris Graves Museum of Art in Eureka.

Holper serves as a judge for Poetry Out Loud, a national poetry performance competition for high school students. "First, they have to learn really good poetry, and then how best to give voice to it." (More about Poetry Out Loud can be found at poetryoutloud.org.)

Holper himself uses public performance to discern the quality of his own work. "I had the crowd," he said of one performance. "You could feel it. There's a palpable feeling in the room when you have the crowd versus when you don't, and when the crowd in the room is electrified by what you're doing and when they're not. And if you know how the poem is to be performed and the audience gets it, and you know they get it while you're doing it, it's like riding a wave, a perfect wave, and that's a great experience."

An old form meets new technologies

Holper recently began posting his poetry to Instagram. He enjoys the instant feedback, which allows him to share his poetry and to polish and edit his work. "It's an interesting era that we live in, because there are just so many different kinds of venues for poetry to exist," he said. "You have the web, you have video, you have poetry slams."

Holper harkens back to the 1960s, when

poetry event promoters in the Bay Area put up hand-drawn posters, usually resulting in little boost to meager attendance. Today, Holper notes, a well-known traditional poet who has a print run of 20,000 books (which is a lot of books) barely holds a candle to poet R.M. Drake, who recently sold 100,000 copies of his poetry book to a million followers on Instagram. "Typically, when [Drake] posts a poem he gets 50,000 responses to it, that is an amazing reach as a poet in this society," said Holper. "I don't even care that he's doing mediocre work, I just think it's great poetry is getting out to society in new ways that it didn't do before."

The nitty-gritty of technique

Holper draws inspiration from the works of other poets. "I think it was reading other people's poetry to see what they were doing in end-jamming lines, or using line breaks to create new meanings, I became really curious to try that myself," he said.

In his early career, the editor of a poetry journal advised him on how to better use punctuation and line breaks to create even more interesting, unexpected, meanings by arranging the words in such a way that the line breaks create new meanings on the page, a lesson Holper took to heart. "I'm doing a lot of that," he said. "I want to play with the space on the page. I want, in my own poetry, to explore things that I want to try out. I want to try new things all the time."

Holper cited his own poem, *Fiction Lessons*, as an example of how to effectively utilize end-jamming and line breaks to create a new interesting self-sufficient line in between the two sentences, providing additional meaning emphasizing the poem's overall message:

This is the way you learn
to tell a story. You must see
the man in the porcupine hat as he
shuffles in his cheap shoes

"See," said Holper, "I want to create new

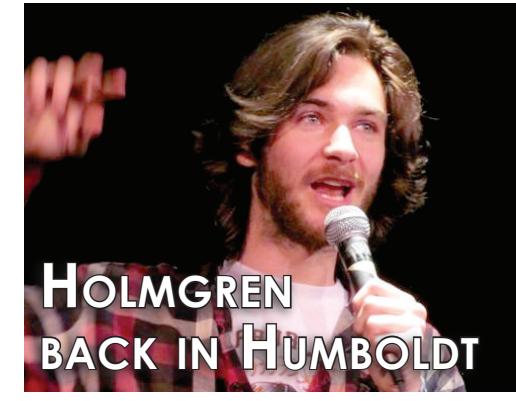
meanings by rearranging stuff on the page."

On the ongoing allure of poetry, Holper concludes, "Once you learn what poetry can do in speaking to that level of emotion, whether you're a reader of poetry, or a writer of poetry, a performer of poetry, you want to go back there. There are things that need to be said, that can't be said in other ways. ... It speaks to something much deeper, something that needs to be given voice. And what that thing is, I think it's sort of nameless. You can call it a soul, or you can call it an itch. I call it an itch sometimes, an itch to speak, an itch to voice something that can't otherwise be voiced."

Candleflame

If someone passes you a wavering candle flame in the darkness, remember not to horde it, hiding the saffron warmth of the flames greedily to your chest where no one can see it. As foolish as it may seem, you must pass on this lambent flame to others, others who will in turn do the same, so somewhere, someone whom you will likely never see or meet, a frail figure huddled shivering in the darkness, forgotten, alone will awaken from their nightmare into the flame of hope. It is this simple act of giving away what was never meant to be kept, you free yourself — and that flame ignites other flames, driving back the darkness one brilliant ray of love at a time.

— David Holper



SAVAGE HENRY INDEPENDENT TIMES

HUMBOLDT — San Francisco comedian Andrews Holmgren returns to Humboldt County after hosting the phenomenal Kyle Kinane show in December.

Holmgren has appeared at numerous *Savage Henry* comedy festivals, San Francisco's Sketchfest and was named San Francisco's Best Comic by *SF Weekly*. He'll be making his national TV debut on the new show *Flophouse* on the new *Vice Magazine* TV network.

Touring with him are John Gallagher and Connor Marshall.

Holmgren will be at the Clam Beach Inn, 4611 Central Ave., McKinleyville on Monday, Feb. 1 at 9 p.m. along with local comedians John McClurg, Ivy Vasquez, Matt Toblerone, Pat Dylan and host Matt Redbeard. Admission is \$5.

Or catch him the following evening, Tuesday, Feb. 2 at 9 p.m. at The Jam, 915 H St., Arcata, with Nando Molina, Trevor Lockwood and host James Stephen. Admission is \$10.

Seeks singers & saxers

McKINLEYVILLE COMMUNITY CHOIR

MCKINLEYVILLE — These wet days will pass, Spring will come, and the McKinleyville Community Choir will present a concert in Azalea Hall sometime next June. But before that delightful day, the choir will have the weekly practices — getting familiar with the musical selections, members listening and singing with the practice CDs on their own, perfecting their parts, getting the lyrics down pat, working with the instrumentalists, bringing a cluster of individuals into a unified performing group, ready for that concert in Azalea Hall and several other places.

If that kind of musical dedication and camaraderie appeal, then consider this the invitation to join in and become part of the choir which will reconvene on Tuesday, Feb. 2 at 6:30 p.m., at Grace Good Shepherd Church, 1450 Hiller Rd., McKinleyville. There are no try-outs; reading music is not a requirement, but being able to carry a tune is. There is a \$50 registration fee to help cover costs of sheet music, practice CDs, and other expenses, with a sliding scale assessment, partial and family scholarships available.

There is also an important place for instrumentalists, particularly saxaphonists. For more information about that, call Choir Director Robert Keiber at (707) 822-7575.

If night driving is a concern, carpools have been formed in several areas. For this concern and other questions, call Choir Manager Jean Browning (707) 839-2276.



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Pricing a house is the most important part of the marketing process. You want to get as much for the property as you can, but if you set the price too high, you can frighten off qualified purchasers. Your Realtor can tell you the selling price of homes similar to yours. Pricing strategy depends on market conditions, and it is different in a buyers' market than it is in a sellers' market.

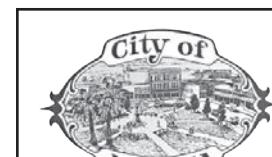
If your home is overpriced, the marketplace will reflect that to you. When a property fails to sell in a reasonable period of time, you and your Realtor should have a frank discussion to determine whether too high a price tag is the reason. Your Realtor will also be getting feedback from other Realtors who have shown your home. Remember that price is only one factor. You might consider ways you can make the property easier for Realtors to show or make cosmetic improvements that are needed. You should also discuss the current market conditions. The problem may be some combination of factors, including an overly optimistic asking price.

For professional advice on all aspects of buying or selling real estate, call Joanie Frederick, Broker, Azalea Realty, (707) 362-0144, or check out our website at www.azalearealty.com.

john@azalearealty.com
joanie@azalearealty.com

EMPLOYMENT

Office Assistant PT, Northcoast Preparatory & Performing Arts Academy. Detail oriented, know accounts payable, Excel spreadsheets, filing. Letter and resume to NPA, PO Box 276, Arcata 95518 or npacademy@sbcglobal.net 2/3



Maintenance Worker
(Parks/Facilities/
Natural Resources)
\$30,663.46 - \$37,271.63/yr.

Final Filing Date: 4:00 p.m. **Monday February 1, 2016.** Performs a variety of semi-skilled and skilled tasks related to the construction, maintenance, repair, installation and monitoring of City parks, facilities, and natural resource areas; and other related duties. Applications available at City Manager's Office, 736 F Street, Arcata, CA 95521; by calling (707) 822-5953; or at www.cityofarcata.org. EOE 1/27



Wesleyan Church of the Redwoods

Pastor Chuck Clark

Prime Time Connection

at 9 a.m.

Coffee/fellowship

at 10 a.m.

Traditional worship

at 10:30 a.m.

Bible Study

7 p.m. Wednesday

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Much ado in the seaside village

The Bureau of Land Management (BLM), together with Trinidad Museum Society, holds an Open House at the 1871 Trinidad Head Lighthouse on Sunday, Jan. 31 from 11 a.m. to 2 p.m. Julie Clark of BLM will portray Mrs. Harrington, wife of lighthouse keeper Fred Harrington from 1888-1916. Museum docents will share historic photographs and narrative about lighthouse history.

Park at Trinidad State Beach area and walk up to lighthouse, as there is no vehicular access. Call interpretive Specialist Leiska Parrott at (707) 825-2313 for information.

Lions Club breakfast

Trinidad Lions Club serves its first breakfast of the year at Trinidad School on Sunday, Jan. 31 from 8 to 11 a.m. Choose between pancakes and eggs with ham or sausage or a biscuits and gravy breakfast with eggs; juice and drinks are included. Breakfast is \$6/\$3 for children.

Paperback and hardback books, including children's books, are on sale each month, all for 25 to 50 cents. Donations of paperback novels always appreciated.

Keeping Safe in Trinidad

Deputy Sheriff Pam Wilcox will be the guest speaker at the Thursday, Feb. 4 meeting of Trin-



idad Civic Club in the Club Room in Town Hall. She will speak on "Keeping Safe in Trinidad." Penne O'Gara will introduce Deputy Wilcox at 11 a.m. Guests and visitors are welcome.

The business meeting, with Donna Haddock and Liz Thatcher presiding, begins at 10 a.m. Lena Macy and Joan Baker host.

Trinidad to Clam Beach Run

The Greater Trinidad Chamber of Commerce sponsors the annual Trinidad to Clam Beach Run Honoring Ford Hess on Saturday, Feb. 6. Registration fee is \$35 and includes a T-shirt. Visit trinidadtoclaimbeachrun.com to register before Feb. 4. Register in person at the Red Lion Inn on Friday,

Feb. 5 from 4 to 7 p.m. or on race day starting at 10:30 a.m. at Town Hall. Buses will take runners from Town Hall to the start line; don't be late or you'll miss the starting gun. Buses will also return runners from the end of the race back to Town Hall.

No dogs or strollers in the race, please. Children under age 12 must be accompanied by an adult. An awards ceremony will take place at Trinidad Town Hall after the races. Race Director Marion Strong says race results will be posted at racecenter.com and trinidadtoclaimbeach.com. Call



TRINIDAD HEAD CIRCA 1970S Thomas T. Allan III was a United States Coast Guard lighthouse keeper in the 1970s. His son, Tom Allan and his family have shared this aerial view of the town as it looked when the Allan family lived in the USCG keeper's quarters, which replaced the 1871 redwood duplex torn down in 1961. The lighthouse to the left of the quarters, the water tank, the bell house and even the 1913 granite cross atop Trinidad Head are visible. The USCG quarters were torn down in the early part of this century but the other structures remain.

PHOTO COURTESY OF THOMAS T. ALLAN III

the chamber at (707) 677-1610 and leave a message for more info.

Ladies Art Salons with Donna Haddock

Inner Center Fine Arts Institute co-founder Donna Haddock will lead four Friday Fine Arts Salons from Feb. 5 to 26, all from 10 to 11:30 a.m.

"Seeking Inspiration," "Intuition in Fine Arts," "The Need to Create" and "The Visual and Musical in Fine Arts" are the subjects. There is a \$10 suggested donation for each salon. Light refreshments are provided. Seating is limited so reservations are important; call (707) 496-5350 for information and class locations.

Trinidad Library spring lectures & courses

"The Story Catchers of Northwestern California" is the sub-

ject of Jerry and Gisela Rohde's OLLI class at Trinidad Library on Wednesday, Feb. 10 from 5 to 7 p.m.

The Rohdes will discuss how the legacy of local Indian tribes was partially preserved by the collaboration between tribal elders and dedicated ethnographers. Call OLLI at (707) 826-5880 to register. Cost is \$55/\$30 for OLLI members.

Mark your calendar for an "Introduction to Twelfth Night" with instructor Tom Gage on Sunday, March 13 from 11 a.m. to 3 p.m. It's a one-day course on William Shakespeare's zany comedy. The class fee is \$65/\$40 for OLLI members. Dr. Gage also will lead a trip to Ashland, Ore. to attend the performance of this play on Saturday, March 19. Call (707)

826-5880 for information.

"Captains Vancouver and Bodega in the Pacific Northwest, 1775-1794" is the subject of a free class at the library presented by Trinidad Museum on Wednesday, April 20 from 10 a.m. to noon. The warm personal relationship between two English and Spanish naval captains, representing rival governments, prevented an international incident in the Pacific Northwestern territories of North America. Discover more about these remarkable explorers. Call (707) 677-3816 for information.

The Trinidad Library Sustaining Fund organizes and presents these library classes. Joey Wauters and Gail Kenny are co-chairs of the fund.

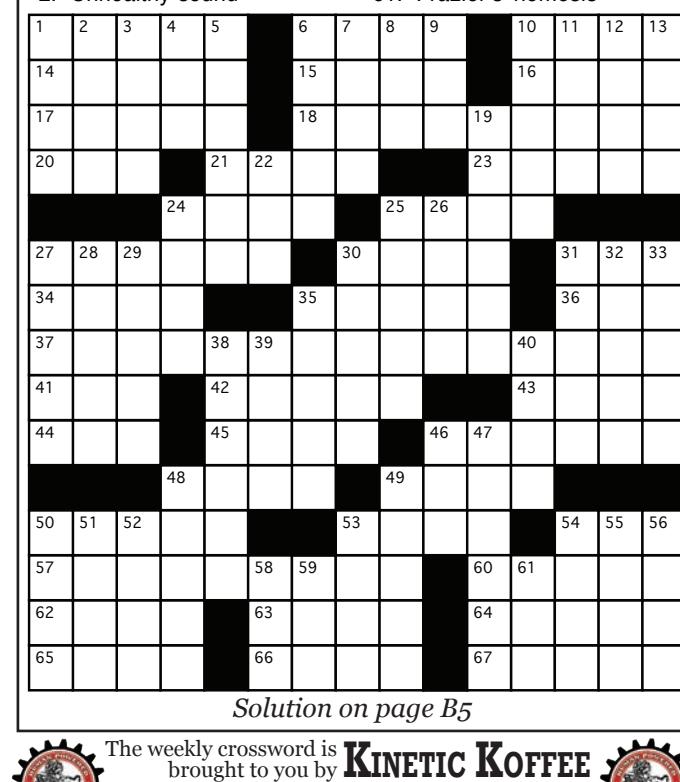
Email Patti at baycity@sonic.net.

SHARING WORKLOAD The Northern California Association of Nonprofits invites the public to February's Board Leadership Roundtable with Byrd Lochtie. This event, which is geared toward board members and those who work with them, is on Monday, Feb. 1 from noon to 1:30 p.m. at Humboldt Area Foundation, 363 Indianola Rd. in Bayside. This month's topic is "Sharing Workload and Engaging Community Through Committees." Nonprofit boards, especially in small organizations, must on committees to get the work done. Learn which committees your board should have, how they should operate and when they should report to the board. Admission is \$20/\$10 for NorCAN members. (707) 442-2993, norcan@hafoundation.org, northerncalifornianonprofits.org

CROSSWORD

ACROSS													
1.	In a bad mood	3.	Chances	4.	So: Scot.	5.	1 of 13 on Old Glory	6.	Every __; 1st, 3rd, etc.	7.	Conduct	8.	Space
6.	Gymnast Korbut	10.	Shindig	14.	Co-winner of a '78 Nobel	15.	Group of players	16.	Voice range	17.	Rapidly growing tree	18.	TV series that began in '74
20.	Thing: Lat.	21.	Vexed	23.	Acquiesce	24.	Copier	25.	Wax's opposite	27.	Sent a message, in the past	30.	Milieu for Henrie and Hamill
31.	Close-fitting garment	34.	__ vera	35.	British change	36.	Get __ of; shed	37.	Become irrational	41.	English letters	42.	Crucifixes
43.	__ majesty	44.	USMC rank	45.	Curry and Cusack	46.	Planted grains	48.	Pintail duck	49.	Scarlett's home	50.	White adhesive
53.	Forum garb	54.	Family member, for short	57.	One also guilty	60.	Plastic wrap	62.	Raise	63.	Tribe member	64.	Opposite of depress
65.	This: Sp.	66.	Building material	67.	Disneyland attractions	1.	Former ruler's title	2.	Unhealthy sound	3.	Scarlett's home	4.	White adhesive
14.		15.		16.		17.		18.		19.		20.	
21.		22.		23.		24.		25.		26.		27.	
28.		29.		30.		31.		32.		33.		34.	
35.		36.		37.		38.		39.		40.		41.	
42.		43.		44.		45.		46.		47.		48.	
49.		50.		51.		52.		53.		54.		55.	
56.		57.		58.		59.		60.		61.		62.	
63.		64.		65.		66.		67.					

Solution on page B5



The weekly crossword is brought to you by **KINETIC KOFFEE**

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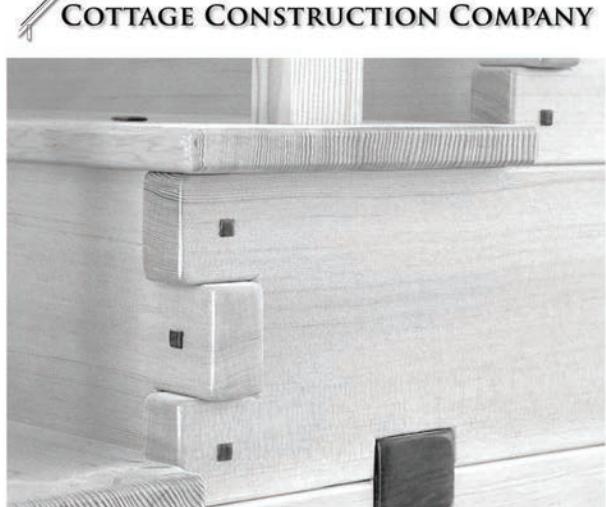


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Tomas Jermyn

Oct. 9, 1951- Jan. 5, 2016

Tomas crossed over peacefully at home in Arcata on the first day of Mercury retrograde, fully supported and not alone. He leaves behind his mother, a son, a daughter, two grandchildren and two sisters.

I'm sure you knew Tomas even if you had never spoken to him. Distinguished by a long gray beard, merry blue eyes and an easy laugh, Tomas could be seen all over town walking and talking to his many friends of all ages.

Tomas started life in upstate New York but he became a Californian early on when his fam-

ily moved to the sunny climes of Santa Maria. Eventually he became what a lot of us knew him as – a longtime member of our North Coast community.

He recently wrote this note: *The cold night awaits me and my hands are already frozen. In dreams my fears materialize & wake me with a sudden start.*

A calming warm memory helps me sink back to sleep And I keep all the memories. How can the common bond be always on? The strings always tight?

It appears resignation is not enough, and it makes sense, for simply repenting isn't

OBITUARIES



Donald (Don) Ralph Shepherd of Redding died in Mount Shasta on Oct. 28, 2015 at age 86 from injuries sustained in a traffic accident.

Don was born March 9, 1929 to James and Clara (Young) Shepherd of Blue Lake and graduated from Arcata High School. Through his experiences as a truck driver and Cat Skinner, he became a skilled mechanic, something he pursued right up until his death. He was a skilled deer hunter and enjoyed many fine hunting trips with uncles, brothers, cousins

Don Shepherd

March 9, 1929 - Oct. 28, 2015



and friends.

Don is survived by son Jerry Shepherd of Fields Landing, daughter Donna (Shepherd) Adams of Del Norte, Tex., sons Mark and Matt, brother and sister-in-law Robert and Doris Shepherd of Redding and brother David Shepherd of Fort Jones. Don was preceded in death by his parents and his sisters, Rose Bates, Priscilla Crow and Dorothy Taylor of Eureka.

A celebration of Don's life will be held in the spring at David Shepherd's home near Fort Jones.

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CROSSWORD SOLUTION

See crossword on page B3

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LEGAL NOTICES

FICTION BUSINESS NAME STATEMENT 15-00720

The following person(s) is (are) doing business as:

TRILLUM ACADEMY

1666 27TH ST.

ARCATA, CA 95521

KAITAN N. TRIPALDI

1666 27TH ST.

ARCATA, CA 95521

This business is conducted by: An Individual

S/ KAITAN TRIPALDI, OWNER

This statement was filed with the Humboldt County Clerk on DEC. 22, 2015

KELLY E. SANDERS

A. ABRAM DEPUTY

1/6, 1/13, 1/20, 1/27

FICTION BUSINESS NAME STATEMENT 15-00702

The following person(s) is (are) doing business as:

R.E. INVESTMENT

SOLUTIONS

1899 11TH ST.

ARCATA, CA 95521

KYLE GREGORY

BOUGHTON

1899 11TH ST.

ARCATA, CA 95521

This business is conducted by: An Individual

S/ KYLE GREGORY

BOUGHTON, OWNER

This statement was filed with the Humboldt County Clerk on DEC. 15, 2015

KELLY E. SANDERS

A. ABRAM DEPUTY

1/6, 1/13, 1/20, 1/27

FICTION BUSINESS NAME STATEMENT 15-00736

The following person(s) is (are) doing business as:

JUJUBEE'S

1225 CENTRAL AVE.

MCKINLEYVILLE, CA 95519

MEGAN BIERWIRTH

7168 MYRTLE AVE.

EUREKA, CA 95503

KYLE COLLINS

7168 MYRTLE AVE.

EUREKA, CA 95503

This business is conducted by: A General Partnership

S/MEGAN BIERWIRTH, OWNER

This statement was filed with the Humboldt County Clerk on DEC. 30, 2015

KELLY E. SANDERS

M. MORRIS DEPUTY

1/13, 1/20, 1/27, 2/3

FICTION BUSINESS NAME STATEMENT 16-00002

The following person(s) is (are) doing business as:

KING KOMPOST

7780 TORGERSON RD.

EUREKA, CA 95503

MICHAEL T. MENZA

7780 TORGERSON RD.

EUREKA, CA 95503

This business is conducted by: An Individual

S/ MICHAEL MENZA, OWNER

This statement was filed with the Humboldt County Clerk on JAN 04, 2016

KELLY E. SANDERS

S. CARNIS DEPUTY

1/13, 1/20, 1/27, 2/3

FICTION BUSINESS NAME STATEMENT 16-00002

The following person(s) is (are) doing business as:

KING KOMPOST

7780 TORGERSON RD.

EUREKA, CA 95503

MICHAEL T. MENZA

7780 TORGERSON RD.

EUREKA, CA 95503

This business is conducted by: An Individual

S/ MICHAEL MENZA, OWNER

This statement was filed with the Humboldt County Clerk on JAN 04, 2016

KELLY E. SANDERS

S. CARNIS DEPUTY

1/13, 1/20, 1/27, 2/3

FICTION BUSINESS NAME STATEMENT 16-00008

The following person(s) is (are) doing business as:

HONEYDEW SELECT

2373 FICKLE HILL RD.

ARCTA, CA 95521

600 F STREET SUITE 3

BOX 303

ARCATA, CA 95521

BIGGEST LITTLE

ORGANICS

16-00008

The following person(s) is (are) doing business as:

(1) HORTUS & PROFECTUS TM PRESERVATION GROUP

(2) THE HOUSE ON THE RIDGE TM

(3) THE BUNGALOW ON SHAW TM

8750 WILDER RIDGE RD.

GARBERVILLE, CA 95542

P.O. BOX 595

FERNDALE, CA 95536

H&P PG LLC 201114710312

367 SHAW AVENUE

FERNDALE, CA 95536

This statement was filed with the Humboldt County Clerk on JAN 19, 2016

KELLY E. SANDERS

M. MORRIS DEPUTY

1/27, 2/3, 2/10, 2/17

(1) HARVEST BAKED GOODS

This statement was filed with the Humboldt County Clerk on JAN 06, 2016

KELLY E. SANDERS

M. MORRIS DEPUTY

1/13, 1/20, 1/27, 2/3

(2) HARVEST BOTANICALS

(3) HUMBLE HARVEST

(4) HUMBOLDT BAKED GOODS

(5) HARVEST MEDICINALS

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THE BENCH AT THE END OF THE WORLD



CLIMATE CHANGE WON'T END OUR WORLD but it sure will change it, as rising seas encroach on Arcata's tidelands. Last week, Aldaron and Christy Laird and friends, above, dedicated their new "Rising Tides" observation bench at the Arcata Marsh & Wildlife Sanctuary during a nine-foot King Tide event. Located at the southwest corner of the oxidation pond (circled area at bottom of map, left), the \$650 bench offers spectacular views of Humboldt Bay. "I wanted to create a spot where you can really observe the ebb and flow of the tides and see the changing environment," Aldaron Laird said. "I just love sitting here. The bay turns into a mirror reflecting all the light and the clouds." Aldaron Laird has been doing extensive research and field work on sea level rise on Humboldt Bay. He hopes to augment the bench, which already bears a plaque identifying it as the "Rising Tides Observation Bench," inset, with an interpretive sign explaining sea level rise and climate change. "This is just a start," he said.

PHOTOS BY KLH | UNION; MAP COURTESY CITY OF ARCATA

LCP UPDATE Humboldt Bay Harbor Working Group (HBHWG) announces an update on the Local Coastal Program land use plan presented by Robert Wall, interim director of planning and building, County of Humboldt, **today, Jan. 27** from 12:30 to 1:30 p.m. with lunch served from noon to 12:30 p.m. at Samoa Cookhouse. The California Coastal Act of 1976 requires that each coastal jurisdiction prepare a Local Coastal Program (LCP), including a coastal land use plan. Chicken parmesan is the main course for \$15 or choose soup of the day and salad for \$11.

MA-LE'L DUNES RESTORATION Volunteers are needed to help restore the Bureau of Land Management's Ma-le'l Dunes property by removing invasive plant species on **Saturday, Jan. 30** from 9:30 a.m. to 12:30 p.m. Meet at the Ma-le'l Dunes south parking area off of Young Lane in Manila. Gloves, tools and snacks will be provided. Please wear closed-toed shoes and bring drinking water. (707) 444-1397, jess@friendsofthedunes.org

FOAM MARSH TOUR Friends of the Arcata Marsh (FOAM) sponsors a free tour of the Arcata Marsh & Wildlife Sanctuary on **Saturday, Jan. 30** at 2 p.m. Meet leaders Jane and Richard Wilson at the Interpretive Center on South G Street for a 90-minute walk focusing on the ecology of the Marsh. Loaner binoculars available with photo ID. (707) 826-2359.

FOUR-DAY KAYAKER INTENSIVE Explore North Coast Sea Kayakers Association hosts a four-day social from **Thursday, April 23 through Sunday, April 26**, inviting kayakers from around the region and beyond to connect, learn and expand the kayaking experience. Each day will have one to three hosted paddles. Location and type of paddle will vary — from flat-water paddling at Stone Lagoon to open ocean paddling at Trinidad and Crescent City. Specific details on paddle events can be found under the calendar link at explorenorthcoast.net or (707) 839-3553.

Barn bids open

NORTHCOAST REGIONAL LAND TRUST FRESHWATER — The Northcoast Regional Land Trust has released a Request for Proposals and Bids (RFPB) from local contractors to rehabilitate the historic Graham-Long Dairy Barn, located on its Freshwater Farms Reserve property.

"This beautiful barn was built of old-growth redwood in 1910, and we intend to rehabilitate it in a way that's true to its historic character and agricultural heritage," said Land Trust Executive Director Mike Cipra.

The RFPB is available at ncrlt.org. There is a mandatory walk-through for those submitting bids scheduled on Wednesday, Feb. 3 at 2 p.m. at 5851 Myrtle Ave., Eureka. All bids are due to the Northcoast Regional Land Trust office on Wednesday, Feb. 17. (707) 822-2242

13th FOAM/Audubon Student Art Contest accepting entries

Friends of the Arcata Marsh

HUMBOLDT — For the 13th year, Friends of the Arcata Marsh and Redwood Region Audubon Society co-sponsor a Student Bird Art Contest in conjunction with Godwit Days. Some \$550 in prizes will be awarded to Humboldt County students from kindergarten through high school who submit a drawing of one of 40 suggested species or another common local bird. Prize(s) also will be awarded for the best rendition of a bird in its natural habitat.

Entries will be judged by local wildlife artists and educators. Awards will be presented at the 21st Godwit Days Spring Migration Bird Festival on Saturday, April 16 at 11 a.m. All entries will be displayed at the Arcata Community Center during the festival and copies of winning artwork will be shown at the Arcata Marsh Interpretive Center during May.

A flyer with complete rules and a list of suggested birds is posted at rras.org/docs/2016SBAC-web.pdf or can be picked up at the Arcata Marsh Interpretive Center, Strictly for the Birds in Old Town Eureka or by sending a self-addressed stamped envelope to Sue Leskiw, 155 Kara Lane, McKinleyville, CA 95519. Flyers have been mailed to all schools in Humboldt County.

Artwork may be dropped off at Strictly for the Birds, 123 F St., Eureka, or the Arcata Marsh Interpretive Center, 569 South G St. or mailed to Sue at the address listed above. Entries must be received by Friday, March 18 to be considered. Questions should be emailed to sueleskiw1@gmail.com.

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Walking across California. For good.

This April, Mad River Union Editor and RSVP National Service Volunteer Kevin Hoover embarks on a journey of 1,726 miles on the Pacific Crest Trail, from Campo, Calif. to Ashland, Ore. The hike will support the Pacific Crest Trail, the Arcata Ridge Trail, and the Union Labor Health Federation Children's Dental Angel Fund. Follow his progress online over California's remote deserts, forests, peaks, passes, streams, lakes and mountains, with every footfall helping worthy causes and every twist and turn offering colorful new tales to tell — of the trail, its natural history, people, wildlife, challenges, surprises and rewards.

Help out and be part of Kev's PCT Hike.

I'd like to pledge _____ per mile to benefit:

The Pacific Crest Trail Association
 The Arcata Ridge Trail (Forest Fund)
 The Children's Dental Angel Fund

I'd like to support Kevin's journey with a _____ donation for trail food and hiking expenses.

Donation enclosed Bill me

My donation is Private Can be made public.

Name _____
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Phone/e-mail _____
Make checks payable to Pacific Crest Trail Ass'n, Arcata Forest Fund, Children's Dental Angel Fund or Kevin Hoover, PCT Hike. Donate directly to the PCT at razoo.com/story/kev-s-pct-hike, or to the Arcata Ridge Trail and Children's Dental Angel Fund at hafoundation.org. Charity donations are tax deductible, but not Kev's Food Fund. Questions? (707) 826-7000 or news@madriverunion.com

Clip 'n' send to Kev's PCT Hike, Mad River Union, 791 8th St. Ste. 8, Arcata, CA 95521

Follow Kev's Pacific Crest Trail Hike in the Mad River Union, at crushallboxes.blogspot.com, on Twitter, Facebook and YouTube

PACIFIC CREST TRAIL ASSOCIATION **ULHF UNION LABOR HEALTH FOUNDATION** **FIT NOR CAL** **ARCATA EXCHANGE** **greenway** **MAD RIVER UNION**